



ACCESS TO SUCCESS

ACCESS OFFICE HOURS

FALL SEMESTER

Room C1-117

Mon-Thurs 10 AM to 5 PM

Fri CLOSED

Contact ACCESS:

access_mc@wvm.edu

408-855-5192

August/September 2011

In the following pages:

- Personal Care Aide Training
- Discounts for People with Disabilities
- Four Tips to Help Pay for College
- West Valley – Mission Alert System
- Amateur Radio License Testing
- New Course Offerings
- Scholarships for the Health Professions
- Calendar

ACCESS Counselors Available to Help You

Michele Hittleman is returning Monday, August 22, to assist ACCESS students with academic, career, and personal counseling. For the Fall 2011 semester, Michele will be in the ACCESS Office on Mondays and Tuesdays and on **alternate** Thursdays. ACCESS also welcomes counselor Jenny Jones, a current part-time Mission counselor, who will now be counseling for the ACCESS Program. An email will be sent to all ACCESS students when we have Jenny's counseling schedule. To schedule appointments with ACCESS counselors, stop by the office or phone Jackie at 408-855-5192.

ACCESS Welcomes Sarah Whyllly



Sarah Whyllly has recently been hired in the position of Senior Administrative Assistant, working with Charity. Sarah comes to us from Florida where she worked as both a program coordinator and a director's assistant for a number of years at Florida State University and has a great deal of experience both working with students and administrators. She has also had experience in group organizing, fund-raising, and event planning. Additionally, Sarah has been an instructor at FSU, Miami-Dade College, and Tallahassee Community College, teaching philosophy and humanities courses. Sarah is excited to participate in the community here at Mission College and is looking forward to helping the ACCESS team work for you to meet your needs.

Mission's New Counseling Center for Veterans!

Betty Inoue and Kent Gomez will soon be staffing Mission College's new Veterans' Office! Kent is a Mission College Alumni and a Veteran while Betty is a 'Veteran' of Mission College (formally the Welcome Center Coordinator). Together, along with Bob Miller, Analiza Bibat-Dasalla, and Christine Flores, they form the Veteran Student Team! Watch for the upcoming Grand Opening of the Veteran Student Center located on the first floor of the main building right by the ACCESS Office.



Betty Inoue



Kent Gomez

Read E Books for Free

by: [Sid Kirchheimer](#) |

It's the season for books on the beach, but that doesn't mean you'll have to ... ahem ... "shell" out money if you're packing an e-book reader along with that sunscreen.

Some websites let you download or borrow e-books for free for a limited amount of time. Amazon's [BookLending.com](#) and [Lendle](#) let you borrow and lend Kindle titles for 14 days. You can get free e-books to keep forever at [Open Library](#), [Project Gutenberg](#), Free-ebooks.net and Google's Reader Store.

Or, with a library card, you can get free e-books and audio books from [OverDrive.com](#).

Don't own an e-book reader? No worry. You can download special apps onto your laptops, tablet computers and smartphones to let you read to your heart's content. Check [Amazon](#) and Barnes & Noble for these free programs.



Personal Care Aide Training Information Workshop



The Mission College Personal Care Aide course is designed to prepare students to provide or support activities of daily living, personal care, and homemaker services to elderly and disabled individuals needing assistance to remain safely and independently in their own home or in an assisted living facility. Upon successful completion students receive a certificate of completion.

ALL STUDENTS ARE ENCOURAGED TO ATTEND AN
INFORMATION WORKSHOP!

The Information Workshop will provide students with an overview of the Personal Care Aide course, course requirements, the registration process, and the employment outlook.

2011 Fall Information Workshops

Friday, August 19, 2011 • 10:30 am – 12:30pm
Third floor, Room E3-501

Tuesday, August 23, 2011 • 4:30pm – 6:30pm
Third floor, Room E3-501



Mission College
3000 Mission College Blvd.
Santa Clara, CA 95054
email: ann.cowels@wvm.edu
Phone: 408.855.5377

— *Please arrive on time* —

- Open to public
- This course is tuition-free. There is no cost.
- No high school diploma required
- This training is funded by the Affordable Care Act, Personal and Home Care Aide State Training (PHCAST) program through the Department of Health and Human Services Health Resources and Services Administration.
- See the back side of this flier for more information about the Personal Care Aides program!

Due to popular demand, two additional dates for the information workshops for the Personal Care Aide have been added. The first step is to show up, an RSVP is not necessary, however students need to attend the workshop first. It is not necessary to call, just show up please.

The PCA course is a little over 100 hours of soft skills (effective communication skills; giving client-focused culturally-competent care; dealing with confused, agitated clients, DD clients, telephone manners, etc.) and teaching them technical skills (ADL's (Activities of Daily living, etc..)) In addition we have modules on job readiness, improving your resume, interview techniques, etc. CPR and First Aid is included.

Ann Cowels, RN, MS, Instructor, Health Occupations
Phone: 408.855.5377

E-mail: ann.cowels@wvm.edu

Discounts for People with Disabilities

by: Joan Rattner Heilman | July 26, 2011

Living with a disability or chronic disease can be an expensive proposition, but you can save plenty through special discounts and services — if you know about them. From Braille bank statements to taxes, there's a special set of breaks.

They include tax deductions, free telephone devices, reduced fares, low-priced prescriptions, free Braille bank statements, radio reading services, even lower-cost pet care.

To find them, check out nonprofit organizations that specialize in your particular disability or disease. Or consider joining DisabledDiscounts.com (\$25 a year) to see what's available in your community.

Four Tips to Help Pay for College

July 01, 2010, By [Taurus Londoño](#)

While going to college might seem like a pricey prospect, it's an investment that will eventually pay off. The problem that many people face is how exactly to pay for that degree in the first place.

Don't put off applying for college just because you're intimidated by how to pay for it. Likewise, don't let worries about student debt distract you from your job hunt. Before you can achieve the successful career you deserve, paying for college is the one bitter pill you're going to have to swallow. Although the cost of your education ultimately falls on your shoulders, these tips might help make paying for college a little easier.



Financial aid ain't free ... or is it? Unless you're a trust-fund kid or you make decent money, financial aid is mandatory. While most people will end up relying on student loans, you might just qualify for grants as well. Grants are a form of financial aid that you don't have to pay back. Many state have a variety of student grants available. Not everyone is eligible to receive these grants, which are typically given out based on your income level. Even if your state doesn't offer grants, you might be eligible for a federal Pell grant.

New tax credits can help. Tax credits can ease your tax burden, helping you use that money for college instead. If you're currently enrolled in college, you might qualify for special deductions that will be taken off of your income tax. One new tax credit is the [American opportunity credit](#). As long as you're enrolled at a college, university or in any other post-secondary education, this tax credit can be claimed for up to four years for a maximum of \$2,500, but is reduced once you hit \$80,000 for a single tax return or \$160,000 for a joint return. You might also qualify for the lifetime learning tax credit, which applies to up to 20 percent of a maximum of \$10,000 in tuition and costs.

Don't forget scholarships. There are plenty of scholarships that are up for grabs without strict academic requirements, as long as your grades meet the minimum standard. In many cases, a 2.5 GPA might be all you need. The great thing is that you can still apply for and receive scholarships, even if you're midway through college courses. There are a variety of scholarships, from community-based ones to those offered by special-interest organizations and even local businesses. Consider searching for scholarships via Collegeboard.com and other websites, but beware of sites that try to scam you into paying for access.

Your degree and your debt: Now what? Chances are you'll rely on student loans, either federal or private, to pay for at least some of your education. Luckily, there are ways you can deal with debt once you graduate. If you used federal direct student loans, you can create an account at the [government's official direct loan website](#). There, you'll have the option to choose from several repayment plans, including the income contingent repayment option (ICR). This plan annually adjusts your minimum payment according to your current income level, which might make things easier if you haven't landed a lucrative career right out of college. If you find yourself in particularly tough times, you can also choose income based repayment, although you must prove at least partial financial hardship to qualify.

Low-Cost Legal Help

Check your eligibility for assistance on state websites



If you need a lawyer but don't think you can afford one, here's how you might find free or low-cost legal help. In many communities, there are free legal services for residents who meet certain income and eligibility requirements. Go to findlegalhelp.org or to lawhelp.org and click on your state for programs that can help you with [housing](#), public benefits, [work](#), disability, bankruptcy and other issues.

WV-M ALERT!

Be alert. Be calm. Be informed. Stay safe.

**What to do in case of an on-campus emergency—
a fire, an earthquake or an act of violence.**

1 Know What To Do: Be prepared. Take some time and reacquaint yourself with the emergency procedures already in place on Campus and in your classrooms. There are colored emergency guides in all classrooms and public areas. The same information is available on the District's emergency website at www.wvm.edu/emergency. On the right side of that homepage there is a column of links advising what to do in case of shootings or armed intruder as well as other emergencies including earthquakes, evacuations, fires, severe storms and utility failures.

2 Be part of the solution: Take a first aid and CPR class offered on both campuses. Sign up for the next Campus Community Emergency Response Team (C-CERT) training. It is free.

3 Be aware: Do not be fearful. Look around you when you enter a building and ask yourself what you would do if the earth started violently shaking or you heard the popping sounds that could be gunshots. Becoming involved enough to urge that a fellow student or school employee who appears to be 'out of sorts,' unusually stressed or behaving oddly, seek the professional (and free) services available on campus. Don't hesitate to call the authorities (911 or 408.299.2311) when the situation just doesn't look right.

4 Sign Up: Sign up for the free **WVM-ALERT** emergency notification system. This will keep you informed about an emergency or major incident on campus. This is available only to registered students or employees. Sign up online to receive email, phone, cell phone or text messages. (www.wvm.edu/wvm-alert).

5 Stay away: Unless you have clear reason to be involved or can contribute to the positive outcome of the incident, stay away from the "scene." Take immediate actions to ensure the safety of yourself and those around you and let the trained professionals deal with the incident.

For more information go to www.wvm.edu/wvm-alert/

Office of Emergency Preparedness and Response
West Valley-Mission Community College District
408.741.2676



Saturday, September 24th, 2011 – Redwood City, CA

AMATEUR RADIO

LICENSE TESTING

This session is produced by the Bay Area Educational Amateur Radio Society – Member W5YI VEC

Study Session, Followed by Exam



When: Saturday, September 24th, 2011
8:00am – 5:00pm

Where: Redwood City, CA

Fee: \$30.00 at the Door

Sponsored by:

Oracle Corporation

(<http://www.oracle.com>)

San Mateo County

Office of Emergency Services

(<http://www.smcready.org/>)

Questions: Ross Peterson wb6zbu@arrl.net or 650-349-5349

Register: www.baears.com



Class size is limited, reservations are required.

Prospective Hams should have an active Ham as a sponsor to assist in the familiarization with amateur operation

Reserve Your Space - Be a Ham!



Can't make this class? We can notify you of the next date and location...contact us.



**Do you need a few units to fill your Fall schedule?
Check out these course offerings.**

*Need a general education course which looks at the influences in education and teaching in America's classrooms today?
Then you'll want to take...*

**CHD 053 Contemporary Education
in a Changing Society
Monday and Wednesday
11:55-12:20pm in W2 305**



This course is designed for students who are considering a professional career in education. It examines the social, historical, and political influences on education and teaching in America today.



Questions? Email: Nanette Wylde, Instructor
nanette.wylde@wvm.edu

*This course is listed with a community service component; **alternate assignments are available.***

**READING COURSE
OFFERING FOR FALL 2011**

**Reading 063 - Vocabulary Development
3 Units (transferable to CSU)
Section Number 13469**

Monday & Wednesday 10:55 am –12:20 pm

Instructor: Lydia Harris

Course Description: This course provides methods for expanding vocabulary through oral and written practice through different readings and shared experiences. Content will emphasize word formation, words in context and definitions.

This course is for you if you want to:

- Understand how a rich vocabulary enables you to be more proficient in academic reading, speaking and writing.
- Develop your own collection of personal words that can be used when reading, writing or speaking for pleasure or for academic reasons.
- Participate in activities where you use vocabulary to describe cultural differences, career choices, future goals, and current events through oral and written language.
- Experience all different types of reading materials rather than one single textbook.
- Experience the value of different Dictionary types and develop your own Specialized Dictionary for personal and academic use.

**Questions??? Contact Lydia Harris:
lydia.harris@wvm.edu**

Sign up NOW on My Web Services!!



Scholarship Opportunities



HEALTH PROFESSIONS EDUCATION FOUNDATION

Giving Golden Opportunities

Deadline:

September 11, 2011

Scholarship Programs:

- Licensed Vocational Nursing
- Licensed Vocational Nurse to Associate Degree Nursing
- Associate Degree Nursing
- Bachelor of Science Nursing

Contact:

Health Professions Education
Foundation
400 R Street, Suite 460
Sacramento, CA 95811
Phone: 800.773.1669
hpef-email@oshpd.ca.gov
www.healthprofessions.ca.gov

Follow us on Twitter!

@HealthProfCAgov

ADN and BSN Scholarship Applications are now available!

The applications for the Associate Degree Nursing and Bachelor of Science Nursing Scholarship programs are now available for download on our website. To be eligible for the scholarship you must be either enrolled or accepted into an accredited California nursing program and graduate *after* January 15, 2012.

[2011 Associate Degree Nursing Scholarship Application](#)

[2011 Bachelor of Science Nursing Scholarship Application](#)

To deem your application complete you must send:

- complete application pages 1-8
- personal statement
- official transcripts
- 2010 Tax returns and W-2's or Student Aid Report
- two letters of recommendation
- Graduation Date Verification form signed by your program director

Postmark all application materials by Sunday, September 11. We will not accept any missing documents after the deadline. You will find out if you are awarded by January 9, 2012.

Technical Assistance Calls (TAC) will be scheduled in August. These conference calls are open to anyone interested in the program and will help answer questions about applying for the scholarship. Dates for the TAC are to be determined and will be posted to our website. If you know anyone who may be interested, please forward this information to them.

We look forward to seeing your application!

Office of Statewide Health Planning and Development
400 R Street
Sacramento, CA 95811
<http://www.oshpd.ca.gov/>

August

2011

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
21	22 Michele begins accepting appointments	23	24	25	26	27 Saturday classes begin
28	29 Classes begin	30	31	September		3
4	5 Labor Day Holiday – Campus closed	6	7	8	9 Last day to add semester-length classes or drop them for a refund	10
11	12	13	14	15	16 Last day to drop semester-length classes without a "W"	17
18	19	20	21	22	23	24 Amateur Radio License Testing (see article, p 5)
25	26	27	28	29	30	

Welcome Back!