

A Monthly Bulletin for
Mission College EOPS
Students

Keeping Tabs

September, 2008

Mission College - Extended Opportunity Program and Services (408) 855 – 5055

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Dear EOPS students,

Welcome to another exciting year at Mission College! We certainly hope that this will be your best academic year yet! This year is also eventful in that it is an election year, so if you are not registered to vote yet, EOPS has voter registration forms you can complete or visit www.sccvote.org. The last day to register is Monday, October 20. This presidential election is very close so every vote really does count!

For students who are no longer in the program and do not wish to receive these emails, please respond to this message to let us know so we can delete your address. There is a lot of important information in this month's bulletin so do read on. Have a wonderful school year, everyone!

~Jennica and Theresa

Important Dates to Remember



Friday, Sept. 19 - Last day to drop a class without a "W" on your transcript

Friday, Oct. 3 - Last day to have completed your first appointment in EOPS. Contact the EOPS front desk now if you haven't already scheduled your appointment!

Friday, Oct. 3 - Last day to file applications for graduation degrees and certificates for Fall 2008. Please note that this is four weeks earlier than last year!

Thursday, Oct. 9 - Student Success & Health Fair at Mission

West Valley College 19th Annual Pow Wow

If you want to attend a very interesting event, go to the Pow Wow at West Valley College on Saturday, Sept. 27. This Native American festival will include Indian crafts, food such as fry bread and Indian tacos, group dance and drumming. The event takes place in the lawn area from noon to midnight. All cultures and ages are welcome.

Reminder - Regular Drop-in Times Available!



Do you have a quick question that needs to be answered? EOPS continues to offer drop-in times every week from Sept. 2 - Dec. 11 for issues that don't require an appointment. Please note that counselors' availability is subject to change.

Chau

Wednesdays, 1 - 1:50 pm

Theresa

Thursdays, 11 - 11:50 am

Save the Date!

Mission College will have its annual Student Success and Health Fair on Thursday, Oct. 9 from 10 - 2 pm in the Campus Center quad area. There will be internship and volunteer opportunities, resume review, health screenings, a blood drive, campus clubs/student services and community resources booths, prizes, carnival games, a raffle and music. Mark it on your calendar!

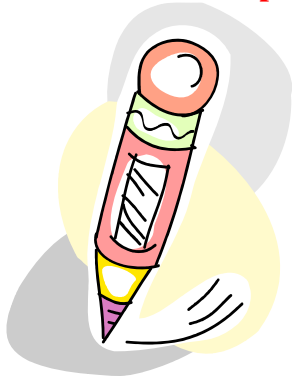
Attention Fall 2009 Transferring Students!



Do you plan to transfer to a 4 - year university in Fall 2009? If so, this is the time to begin the transfer process. Students interested in the Transfer Admission Guarantee (TAG) program can apply to the following UC campuses: Davis, Irvine, Merced, Riverside, San Diego, Santa Barbara and Santa Cruz. The three universities that will not be participating are UC Berkeley, UCLA and UCSF. Please make a one-hour appointment through the general counseling center (E1-301) now. The deadline to complete the TAG can be as soon as September 30 (for UC Davis) so don't wait!

Contracts for California State University (CSU) campuses such as San Jose State and Cal State East Bay will begin in October.

Transfer Workshops



In addition to the TAGs, students can take advantage of workshops in the Transfer Center. These include the UC personal statement writing and UC and CSU applications. You can also make appointments to speak with representatives from various UCs and CSUs including UC Berkeley, UC San Diego, UC Santa Cruz, University of the Pacific, San Jose State, and Cal State East Bay. To learn more about times and to schedule an appointment, contact the Transfer Center in Room E1-201 or call 408.855.5115.

EOP Recommendation

For students applying to a CSU campus such as San Jose State, Cal State East Bay, and San Francisco State, there is an additional application that needs to be completed for EOP, which is the equivalent of EOPS at the CSU level. After completing the main application at <http://www.csumentor.edu>, go to http://www.csumentor.edu/admissionapp/eop_apply.asp for the EOP application. You will need two people (such as counselors, instructors, employers) for the recommendations along with their email addresses. To facilitate the recommendation process, please follow these steps: 1) Complete the main CSU application 2) Return to <http://www.csumentor.edu> and complete the EOP application, **DO NOT** submit! 3) Forward the EOP application to the EOPS counselor(s) who will be your reference. If you cannot forward the application, then copy and paste the information to a Word document and email that information. The counselors need to see your responses to the short essay questions before your submission 4) Additionally, include any specific comments about your background that you want the counselors to discuss in their recommendations. This will help them to complete a thorough recommendation.

Preview Day at Cal State East Bay - Saturday, Oct. 11



Mission students are fortunate in that they have two CSU campuses close by. San Jose State is located in downtown San Jose, but not many students are familiar with CSU - East Bay in Hayward. If you would like to attend an open house at the campus, register for the free event at www.csueastbay.edu/previewday or call 510.885.2556. At Preview Day, you can learn about academic programs and majors, attend presentations on admission and financial aid, meet students from different clubs and organizations and go on tours of the campus and residence halls. The event takes place on Saturday, Oct. 11 from 8:30 - 2 pm at University Union, 25800 Carlos Bee Blvd., Hayward, CA.

EOPS Workshops and Counseling 102

WELCOME

Once again, EOPS will be offering many informative workshops this semester. If you are a new student or one who is on probation, you need to enroll in the Counseling 102 class, which will incorporate nine hours' worth of workshops. For all other students, feel free to register for the sessions that interest you the most. Please register for the workshops at the front desk in EOPS.

Workshop topics include the following: Budgeting Time and Money, Values Clarification, Resume Writing, College Policies and Resources, Decision Making Processes, Scholarship Writing, Interest Inventory, Communication Skills, Basic Computer Skills, MS Word, MS Excel and Goal Setting Focusing on Learning English.

Good News to Share!



Congratulations!

Congratulations to the following students for recently becoming an American citizen! This is a HUGE accomplishment so EOPS applauds you!!!

- * Thanh Mai Le
- * Thinh Nguyen
- * Xin Nguyen
- * Xai Khen Vuong

(If you have some good news to share, please email EOPS Counselor Theresa at theresa_tran@wvm.edu to be mentioned in a future Keeping Tabs bulletin.)

The Tutoring Center has moved!



It is now located in the Campus Center, room TC-2, on the second floor above the bookstore.

Tutoring Center Open Hours in Fall 2008

- Monday, Tuesday & Thursday 10am-5pm
- Wednesday 10am-7pm
- Friday 11am-3pm

Phone: (408) 855-5371. The first day of tutoring service is Monday, September 8.

The services provided include:

- 1-on-1 tutoring in more than 20 subject areas offered at Mission College except Math courses. (Math tutoring is available at the Math lab)
- Group tutoring
- Foreign language conversation groups in Chinese, French, Japanese and Spanish
- Online tutoring through Angel for Accounting, Chemistry, CIS and Physics

Appointments and drop-ins are welcome. Online appointment scheduling is available for students, 24/7.

Tutoring is free. Students can get tutoring once they enroll in IS 947, Supervised Tutoring. IS 947 is a 0 unit course and there is no minimum hour requirement. Add slips are available at the Tutoring Center (TC-2, Campus Center) or at the LATC labs (S2-201, Main Building).

Study Tips



f. Outlining (using Roman numerals, headings, etc.) is the easiest style to study but requires a high degree of thinking and organization of the material. It does discourage copying the lecture word-for-word, however. Outlining requires a certain amount of anticipation as to what is coming next in the lecture, but this encourages active listening.

What to do with your lecture notes after you have them:

- a. Review them as soon as possible and clean them up, clarifying, filling in gaps, etc.
- b. Reduce major points to "clues" by identifying key words and main ideas.
- c. Periodically revise your notes. Instead of waiting "till the night before the exam," review every few days to encourage long term memory and to make it easy on yourself when the test does come along. You'll also be in good shape if you are given a pop quiz.
- d. Review the last lecture's notes before each lecture.
- e. Tie together what is learned from your lectures with that learned in your text. Most discrepancies, "holes" in your understanding of concepts, similarities or differences

For more helpful tips, visit www.howtostudy.org!

Keep up the good work!

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Are you ready to hit the books again after a summer's break from studying? The website www.howtostudy.org has many useful tips, and listed below is an excerpt from the University of Alabama's page on taking lecture notes. <http://www.ctl.ua.edu/CTLStudyAids/StudySkillsFiles/Miscellaneous/lecturenotes.htm> :

Lecture note-taking styles:

- a. Do not try to write down every word. Listen, and, if you can, write down in your own words what you just heard.
- b. Listen for main topics, key points, and the organization of the ideas presented.
- c. Write legibly – copying lecture notes is a waste of time.
- d. Paragraph style is the easiest to use but the most difficult to study. If you choose it, write down the general ideas rather than details. Number or label lists and secondary points.
- e. Sentence style consists of a series of numbered statements. This is best used with an unorganized lecturer, but is difficult to study.



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