

COUNSELING CONNECTIONS



MISSION COLLEGE Counseling/Matriculation

Winter 2004, Volume 16, Number 2

\$20,000 Scholarship to UC Santa Cruz

Application Due January 26

The Karl S. Pister Leadership Opportunity Program enables outstanding UC-eligible junior-level community college transfer students to complete their undergraduate studies at UC Santa Cruz. The program provides a \$20,000 scholarship distributed over two years, individually tailored mentoring and academic support, and assistance in finding paid or volunteer summer work experience co-sponsored by private- and public-sector employers. Recipients will be selected by the chancellor of UCSC from nominees submitted by the presidents of

See Page 2

Inside This Issue

- \$20,000 scholarship can't
- New Communications Class.....Page 2
- Words of Wisdom: The Victor
- Graduation and Transfer Info.....Page 3
- Financial Aid Update.....Page 4
- Question of the day: Student Interviews with
Special Reporter, Pamela Sanft.....Page 5
- Success Stories from the LATC
- Reading 40-a Pathway to Teaching
- On line Orientation Now Available.....Page 6

Helpful Workshops At the Mission Library

By Judie Smith

Does the thought of writing a research paper or preparing a speech give you nightmares? It won't be so scary, if you know how to do research for college classes. During the Spring Semester the Library will offer a new workshop series to help students doing research. Go to the Library for a schedule of the dates and times. Most workshops will be repeated several times during the semester.

There are six workshops and you may take all of them or as many as you need. There is no charge for attending the workshops.

Workshop 1 Research Strategies

This workshop will help you understand the importance of research, and how to choose a topic, state research topics as questions, identify key concepts and words, and narrow or broaden a topic.

Workshop 2 Using the Online Catalog and Basic Reference Tools

Topics covered in this workshop include using the catalog, searching by author/title/subject/keywords, limiting searches and requesting materials from other libraries. It also gives a basic understanding of reference tools such as encyclopedias, dictionaries, etc.

Workshop 3 Using Library Databases to Find Information

Workshop 3 defines databases and introduces you to the basics of database searching: identifying appropriate resources by topic, identifying key concepts or words, and narrowing or broadening a search. You'll discover the differences in databases and practice using two different databases.

Workshop 4 Internet 1: The Basics

This is the first of two workshops on the Internet. It covers the Internet and World Wide Web, and explains web and Internet terms including how to read a URL, how to navigate on the web, what a search engine and directory are and how to use them.

See Page 6

Scholarship to UCSC

Con't from Page 1

participating community colleges. One scholarship is available for each college. **That means that a Mission student will definitely be awarded a scholarship.**



Each president may nominate up to three students who meet the following scholarship criteria:

- Show exceptional achievement through academic and extracurricular accomplishments despite adverse socioeconomic conditions;
- Demonstrate an involvement in activities that assist and improve the lives of others;
- Exhibit outstanding leadership qualities that reflect the ideals of the Pister Leadership Opportunity Program;
- Because of financial need, would not otherwise be able to attend UC Santa Cruz;
- Are eligible for fall 2004 admission to UCSC as a new junior-level transfer student;
- Are not international students on a visa.

If you are interested in UCSC and have applied, then please consider talking to your counselor or stopping by the Career Transfer Center to pick up an application. The deadline is for applying is January 26. This is a wonderful opportunity—don't let it slip through your fingers.



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Editor:
Joni Johnson
(408) 855-5040

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CAREER COMMUNICATION FOR JOB SECURITY

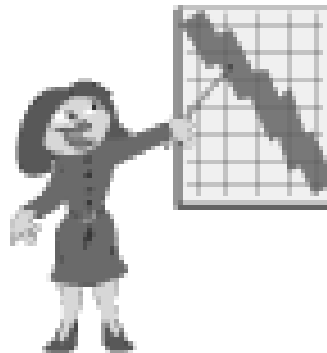
by Rob Dewis, *Communications Instructor*

Are you looking for a job you really like? Or are you in a job you really like, and you want to keep it? Or would you like to advance in position and salary to another level where you work?

According to many surveys of employers, the most valuable skill you can bring to a job — any job — is your ability to communicate effectively. That's the focus of COMM 15, a Mission College course called Career Communication. In this course, we explore many different communication situations in the working world, from the job interview to dealing with supervisors and coworkers, working together in effective teams, presenting information to customers, clients or even other departments in the organization.

As well as being practical, this course currently satisfies the new oral communication requirement for the A.S. degree here at Mission College and one requirement for some certificates in CIT and the Technical Communication certificate from the English department. Why not take the opportunity to improve your own communication skills to give yourself an edge when it comes to being hired, keeping the job you enjoy, or advancing in your career.

This semester (Spring, 2004), two sections of COMM 15 will be offered: a twice-weekly section on Tuesdays and Thursdays from 5:15 until 6:40, and a once-weekly section on Wednesday nights from 7:00 until 10:10. To learn more about the course, contact Instructor Rob Dewis at 855-5327, or email him at rob_dewis@wvmccd.cc.ca.us.



Words of Wisdom

“The Victor”

by C. W. Longenecker

**If you think you are beaten,
you are.**

**If you think you dare not,
you don't.**

**If you like to win but think
You can't.**

**It's almost a cinch you
won't.**

**If you think you'll lose,
you're lost.**

**For out in the world we find
Success begins with a
fellow's will.**

It's all in the state of mind.

**If you think you are out-
classed, you are.**

**You've got to think high to
rise.**

**You've got to be sure of
yourself before**

**You can ever win the prize.
Life's battles don't always
go**

**To the stronger or faster
man.**

**But sooner or later, the man
who wins**

**Is the man who thinks he
can.**



Important things to know about Graduating from Mission and Transferring to A Cal State University

When do the new graduation requirements apply?



If students are not in continuous enrollment (They've been away from the district for a full year), they are required to use the new English 1A requirement for the AA/AS degree. However, if they took English 108A before Summer 03, even if they are not continuous, they could still use English 108A to meet the English Proficiency. If they have been in continuous enrollment, they can use English 108A to meet the English Proficiency whenever it is taken.

GE Reciprocity

Students can use Mission General Education to meet the GE requirements at 7 local community colleges if they finish the requirements completely and get it certified through the Records Office. Mission College is one of eight colleges that have a reciprocal GE agreement. These colleges are Mission, WVC, Evergreen, SJCC, Gavilan, Ohlone, De Anza and Foothill.

When do changes in GE apply for transfer?

For transfer to a university, if you take a course to meet a particular requirement, that course must meet that requirement at the time that you take it. This is true, even if you are a continuing student (a student who has attended college at least one semester each school year).

Changes in the CSU History and Institutions Requirement !

Spring 2004 is the last chance to take Polit 1 at Mission and have it count as meeting both the History and Institutions requirement (H&I) at the CSU.

It is wise to finish the H&I sequence at the same school. When a student takes one course at one school and another at another school, some community colleges will not certify the courses as meeting the H&I requirement. Mission, however, does certify sequences as long as they seem to match. Please check with your counselor if you are not sure how your courses will be viewed.

Changes in using Psych 12 for Category E

Currently, Psych 12 does not meet the Category E requirements for CSU General Education. However, Mission will certify Psych 12 as meeting Category E for CSU if students took it at a time that the CSU GE sheet had it listed. Mission will also certify it as meeting Category E requirements throughout this year even though it is not on our GE sheet. Psych 12 will still meet the Category D- Social Science requirement no matter when it was taken.

Mission College Financial Aid Update

By Janet Stevenson, Financial Aid Officer

Now is the time to renew or apply for Financial Aid for the 2004-2005 academic year. Those who have their applications postmarked by March 2nd will receive priority processing. You may apply after March 2nd, but your application will be considered late and will be processed after the priority applications.

In order to maintain Satisfactory Academic Progress, remember to comply with all regulations learned in your SAP Session. Remain in all of the units for which you were registered by February 20, 2004. Dropping more than 1/3 of your units will cause you to be placed on Financial Aid Probation or Disqualification, and may require you to repay a portion of your financial aid. If you feel you need a review of the financial aid rules and regulations, feel free to attend another SAP session or access the SAP policy on line at our web site: www.missioncollege.org/student_services/financial_aid/default.html. A new schedule of the SAP sessions for the Spring 2004 semester will be posted in the Financial Aid Office window in mid-January.

Financial Aid Web Site

The Financial Aid Web Site has been updated. To view this site, go online to the Mission College website (www.missioncollege.org). Choose "Student Services" then "Financial Aid". Look for information and links to different Financial Aid information forms, and applications. New features include:

- a link to the Satisfactory Academic Progress (SAP) Policy
- a link to the Request for Review of SAP Status (Appeal) Form
- a link to the Mission College Scholarship Application for 2004-2005
- a link to the Review of Financial Need Status Form
- a link to the Review of Dependency Status
This site will be updated as new information becomes available.

BOGW

The Board Of Governor's Fee Waiver application is now online at the Mission College website: <http://www.missioncollege.org>
Look for the link to the application form.

To make sure you choose the correct form:

—2003-2004 application is good only until the end of Spring Semester 2004.

—2004-2005 application will be active for Summer 2004 through Spring 2005.

If you received a Board of Governor's Fee Waiver for the Spring of 2004, you will need to reapply for the fee waiver to be active in the Summer 2004.

Federal Stafford Loans

Mission College will again begin distributing Federal Stafford Loan applications from March 2nd through April 22nd, 2004 for the continuing 2003-2004 academic school year. Students will not be able to apply for a student loan until they have received an award letter. If you haven't received a letter, check with the Financial Aid Office for requirements.

Students who have received their first loan check for the Fall 2003 semester will receive their second loan check sometime after mid-March 2004. Student ID numbers will be listed in the Financial Aid Office window when their checks have been received by our office. As soon as you see your number posted, come to our office with picture ID to pick up your check(s).

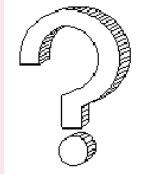
Cal Grant B & C

Regarding the 2004-2005 Cal Grant applications, students who have completed 16-24 transferable college units at Mission College do not have to complete a "2004-2005 Cal Grant GPA Verification" form (but must still complete a 2004-2005 FAFSA) because their GPAs will be sent electronically to the California Student Aid Commission. Students who have not completed at least 24 college units must obtain a Cal Grant GPA Verification form from the Financial Aid Office and go to their high school to have the GPA verification form completed. For the 2004-2005 school year, the deadlines for those students who apply for the Cal Grant are March 2nd, 2004, and September 2, 2004.

An exception to the general Cal Grant application procedure above concerning GPAs is the "Re-Established GPA", which states that students who have completed at least 16 community college units may use those units' GPA instead of their high school GPA. (Students should choose this option if the re-established GPA is higher than their high school's.) Re-Established GPAs only apply toward the Cal Grant B competitive award.

Students who choose to use their Mission College re-established GPAs also do not have to complete a Cal Grant GPA Verification form because their GPAs will be sent electronically to the California Student Aid Commission. However, they must still complete a 2004-2005 FAFSA by March 2, 2004.

What Do Our Students Think



HOW HAS THE BUDGET CUT AFFECTED YOU?

By Special Reporter, Pamela Sanft

Name: Chris Carpio

Started: fall 2002

Major: Fire Science

Born: San Jose, CA

Age: 19

Answer: “ It’s harder to get counseling appointments because we have fewer counselors. Now there is a longer wait, and it’s more of a hassle.”



Name: Homilo Abraha

Started: Fall 2002

Major: Nursing

Born: Nakfa (Eritrea, East Africa)

Age: 19

Answer: “ I couldn’t get a job on campus so I could work at the same place I go to school. It’s harder to get a scholarship since there are so many more people with lower incomes than me.”



Name: Shannon Gallagher

Started: fall 2002

Major: Psychology

Born: San Jose, CA

Age: 20

Answer: “I’m broke because I had to pay more for my classes than I had saved. This made it harder for me to buy my books. I had to work more hours in order to pay for everything, and that meant less time study.”



Name: David Murillo

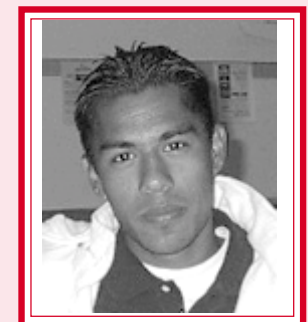
Started: fall 2002

Major: Business, High school Math teacher

Born: Salinas, CA

Age: 19

Answer: “I paid more for my units and classes filled up fast which made it harder for me to get into classes I wanted. The library is open fewer hours, which means I can’t get the resources I need since I don’t have access to the internet at home.”



Library

Con't from Page 1

Workshop 5 *Internet 2: Searching Techniques*

Before taking this workshop, you should take Internet 1: The Basics, or have a fundamental knowledge of the Internet. This workshop covers search engines and directories, developing research questions, Boolean searching methods, searching shortcuts and tips, evaluating web pages, and citing web pages.

Workshop 6 *Legal and Ethical Aspects of Presenting Information*

Workshop 6 covers copyright, plagiarism, citing sources and presenting information found through research.



Attend Your Mission College Orientation Online!

- 1) Go to the Mission College Web Site: <http://www.missioncollege.org>
- 2) Click on Student Services,
- 3) Then Click On...
Online Orientation

Check It Out Today!

Students Get the Help They Need at the LATC

by Leigh Anne Sippel

These are some things that students learned to do this year in the LATC. If you join the LATC and come in every week, you can improve your skills, too!

***Celia needed skills to remember information** from the textbook and take notes. At the LATC, a tutor gave her strategies to improve her skills.

***Fana needed help with writing paragraphs.** After using an LATC computer program, she began to understand what a topic sentence was, how to write details, and how to write a good concluding sentence.

***Jose needed help understanding circuits for his Engineering class.** He began to attend the LATC workshops twice a week, which helped him succeed.

***Thu needed to prepare for the WST at San Jose State University.** At the LATC, Thu found a practice booklet that explained the WST. She also worked with a tutor who helped Thu learn to write under a time limit.

***Ashok wanted to learn new vocabulary.** In the reading lab, Ashok learned how to use his knowledge of prefixes and suffixes to expand his vocabulary use.

***Mohammed needed help with verb tenses in English.** He used a combination of materials in the ESL and English labs to practice his verb use.

***Chen wanted to improve pronunciation.** She found a computer CD that allowed her to record her voice and compare it with standard American speech.

***Mara's teacher told her she needed to learn to edit her essay.** She worked with a tutor to develop a personal checklist to follow when she wrote an essay.

Come to room S2-201 today to get the help that you need!

Have you thought about becoming a K-12 teacher?

This semester, Mission College offers Reading 40: Tutoring Reading in Elementary School - a great class for future teachers, parents and anyone interested in how children learn to read. You will learn how to tutor children in reading skills, select and use literature with new readers, instill a love and excitement for reading in young children, and assist the classroom teacher in reading and literacy activities. Reading 40 is a wonderful introduction to life in the elementary school. Students who have taken the class are very enthusiastic about the classroom experience and the professional relationship they develop with the teacher and the children. Most are transferring to 4-year universities to get their bachelor degrees and teaching credentials. The course includes:

- *Two hours /discussion at Mission : Mondays from 4:45-6:50 PM.
- *Elementary school field experience (50 hours) in K-5 classrooms

Contact Dianne McKay, at dianne_mckay@wvmccd.cc.ca.us or (408) 855 5312.