

COUNSELING CONNECTIONS



MISSION COLLEGE Counseling/Matriculation

SPRING 2001 Volume 13, Number 3

Education Pays Off!

*By Yvonka Headley,
Counselor, ACCESS program*

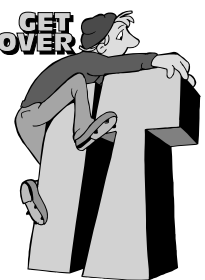
Did you know that workers with graduate degrees earned an average of \$63,500 in 1998? That's twice the average for all American workers, which was \$30,938.

High school graduates without any college degrees made an average of \$16,053, while those with bachelor's degrees earned about \$43,783 on average [that is generally with 3-5 years on the job]. Given the extremely high cost of living in the Bay Area, and California

See Page 5

Mission Graduate Success Story

*By Anne-Marie Crampton,
Lamar Community College*



Lamar Community College Counselor and Instructor Jaime Guerrero draws from real-life lessons when he counsels students one-on-one or teaches in a classroom setting. A California native and Mission College alumnus, Guerrero grew up in the San Jose/San Francisco Bay area, the son of two hard-working parents with less than eighth grade educations. The unstable home was the site of alcohol and domestic abuse until his parents divorced when Jaime was nine years old.

"I got into a lot of trouble in high school," commented Guerrero. "I hung around a group of tough kids who drank (alcohol) and did drugs. I was angry with the discrimination that I felt from teachers and angry at my own heritage, too. I didn't care about school until I recognized that military service was my only way out of the tailspin my life was in." A Navy recruiter convinced him that he had to graduate from high school before he could enlist. He buckled down in his senior

See Page 6

Inside This Issue

High School Students Earn Transfer Units
Health Occupations Update
LATC Support-lots of tutoringPage 2

Spring Speech Tournament Information
Winners of Winter Speech Tournament
Graduation Banner Design ContestPage 3

Job Fair Information
\$1000 Scholarship Winner.....Page 4



Why Become a K-12
Teacher?.....Page 5

Moving Plans for New Library

By Win Shin Chiang

Library Move and Service Plan

The actual library move (collection, equipment & furniture) is projected to take place during the month of April. The library will remain open on the third floor with the following levels of services: Full service from now until the collection move begins.

Substantial service during the collection move and until the new library is ready for general use (projected to be two weeks).



See Page 6

High School Students Earn Transfer Units

By Kathy Ricossa

Health care is in a crisis! Health care providers are looking for people who might be interested in pursuing a career in this continually expanding field. An untapped population is being recruited in a local high school.

A collaboration between Andrew Hill School and Mission College offers high school students the opportunity to explore the profession of nursing. High School students have been given an opportunity to take college courses at Mission to become a Certified Nursing Assistant. Classroom instruction is given on-site at Andrew Hill. The students come to Mission College to practice health care skills. Clinical experience will be on-site at the Mission Oaks Hospital Skilled Nursing Unit.

Once these students graduate and pass the CA state certification exam, they will be offered jobs at the hospital. Students who choose to continue their education here at Mission will be able to transfer these credits to the CSU system.

For more information, please contact Kathy Ricossa, RN, MS, Special Projects Manager, Regional Health Occupations Resource Center at Mission College at 408-855-5217.



Counseling Connections is published 4 times a year by the Counseling Department at Mission College.

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**Paid for by
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Health Occupations Programs Update

By Mary Moore

1) Nurse Assistants:

Do you want to help others? Do you like working with older people? Are you interested in a health care career program? Certified Nurse Assistants/Home Health Aides are needed! Each semester we offer classes that can be completed in ONLY 1 semester with classes 2 days each week.

In the Spring semester, we offer a special section for individuals whose first language is other than English. The Nurse Assistant class is connected to a special ESL class that help you develop English skills needed in the workplace.

2) Psychiatric Technicians:

The State of California is seeking Licensed Psychiatric Technicians. There is a tremendous shortage of qualified individuals to fill the open positions! If you like: a) working with people; b) psychology; c) communicating with people; d) helping individuals who have developmental or mental problems, we have a 3-semester course that prepares you to qualify for this employment.

3) Vocational Nurses:

There is a severe shortage of nurses nationwide. Do you like people and enjoy helping others? Do you want a career in the health care field? In 3 semesters, you can complete the Vocational Nursing Program.

For more information, call 855-5374 or come to W2-403.

One-on-One Help? The LATC is Here for You!

By Leigh Anne Sippel

Did you know you can get one-on-one tutoring at Mission College? How about help with English, Reading, ESL, or Communications? It's all here at the LATC! The Learning Assistance & Tutorial Center (LATC) is located on the second floor, room S2-201. It is the site of the College Tutorial Center, offering free tutoring in:

- Physics, Engineering, Chemistry
- C, C++, Microsoft Office, Visual Basic
- ESL, English, Spanish, and French
- Graphic Design, Art History
- Accounting, Business
- and much, much more!

In addition to free tutoring, the LATC has self-paced skill-building classes in ESL, Reading, Communications, English, and Study Skills. Students can earn a half-unit of credit by enrolling in these classes and spending 24 hours working in the lab. Students work on specialized activities personally assigned by a lab instructor based on each student's individual needs.

If you feel bogged down by your studies, need to get some personalized help, or just want to ensure that "A" in your class, the LATC is the best stop for student success! Come by today for more information!

MISSION SPRING SPEECH TOURNAMENT

FOR DAY AND EVENING STUDENTS by *Betty Ensminger*

WHEN: Wednesday May 2 and Tuesday May 1, 2001

WHO: Any student at Mission College may enter the competition.
Students do not have to be enrolled in a speech class.

TIME: DAY Wed. May 2 EVENING Tues. May 1
 9:00-11:40 AM 4:00-6:40 PM

WHAT: There are two events: Persuasive and Informative Speaking

- 1. PERSUASIVE:** The speech may be on any subject the speaker desires. Speeches should be of a serious persuasive intent (humor, however, may be used to make a serious point). Maximum time is ten minutes.
- 2. INFORMATIVE EXPOSITORY:** The speech is to be the original work of the contestant and is to present an informative speech which gives attention to description, explanations, illustrations, definition, and demonstration. The intent must be to communicate information, not to modify the beliefs of the listeners. Maximum speaking time is 10 minutes.

There are trophies for first through third places in each event and certificates for all other participants. The judges will be staff from Mission College, members of the community, and San Jose State University students.

*Students are encouraged to use varied audio visual aides but need to be aware that not all contest rooms may have the equipment necessary (such as overhead projectors and computers.). The speaker may use manuscript, notes, or memory.

Sign Up and Information: All sign ups, information, and rooms for competition will be available on the bulletin board inside room N3-301. Students may also contact Betty Ensminger, (408) 855-5308 for information.

Congratulations to the winners from the annual Holiday Speech Tournament held December 4 and 5, 2000 in the Campus Center. The winners are as follows:

December 4 Evening Informative

First: Elvis Casis
Second: Sumandeep Kaur
Third: Chris Higgins,
Rahul Maharaj
Certificates: Floreste Foronda,
Kenneth Schumann, Dawn Dennis,
Chia Ying Lin, Luis Castillo

December 5 Day Informative

First: Amanda Olsen
Second: Angela Ocana
Third: Aneri Patel, Valli Babu,
Samantha Thron
Certificates: Darralyn Wilson,
Anisha Pathak, Philippe Elie,
Zelong Tsongtaatarai, Jess
Barretos



December 5 Evening Persuasive

First: Chris Bell
Second: Terry Trombly
Third: Ben Huy Tran,
Kama Weinberger
Certificates: Carlos Riquero, Neal
Gossard, Ron Valadez, Katie Vang,
Alp Onurlu, Chia Huei Lin, Angelea
Anello, Renee Thomas

December 5 Day Persuasive

First: Redford Aquino
Second: Daniel Robles
Third: Anju Prasad, Vaishali
Yogi
Certificates: Thinh Nguyen,
Armando Torres



Graduation Design Contest

By Jackie Capurro

As usual at this time of year, the Commencement Committee is sponsoring a design competition for the annual Commencement Banner and Graduation Program Cover.

Each year, 22 banners in the college's colors are hung from the rafters in the Center Space. In addition, a banner for the current graduating class will hang just above the stage at the Commencement Ceremony. Commencement Exercises are held on the 25th of May.

We invite you to participate in this competition. A prize of \$50.00 will be awarded for the design which is selected and the winning designer will have a credit listed in the Graduation Program. The design competition is open to all students and certificated and classified staff of Mission College.

Designs must incorporate the college colors — gold, navy, and/or light blue — with the year, 2001 or '01, appearing somewhere in the design. It should lend itself to being sewn into a satin banner, a major factor in the selection process. Keep in mind that very intricate, highly detailed, three-dimensional, or "shaded" designs are difficult to sew and are not likely to be selected!

The banners are rectangular, 45 inches wide by 8 feet in length, when finished. Banners are hung vertically.

Designs should be submitted to me by April 4th. Designs may be left with me in the Foreign Language Laboratory (S2-501) or, if they fit, they may be left in my mailbox in N2-402 (C.A.T.A. mail area - M20).



Spring Job Fair

How to Make the Most of It! Wednesday, April 18

By Russel Rabieh

The Job Fair provides you with an opportunity to meet and speak with employers from a variety of industries and receive first-hand information. The Job Fair is a learning experience. Take advantage of this opportunity.

What do employers expect of you?

- o Know the company
- o Know the job
- o Dress professionally
- o Be prepared to answer questions.
- o Be prepared to ask appropriate questions
- o Follow-through after the job fair

Come Prepared

- o Know where to go and whom to see.
- o Be patient. There may be a line of candidates.
- o Listen to employers while waiting in line.
- o Introduce yourself professionally.
- o Use a firm handshake and genuine smile.
- o Answer questions directly and concisely.
- o Ask intelligent and educated questions from the list you have prepared.
- o Demonstrate your talents.
- o Show enthusiasm and confidence.
- o Make notes.
- o Be positive.
- o Collect business cards and company literature.
- o Network with employers and fellow fair attendants.

Keep in mind

- o You get only one chance to make a great first impression!
- o Employers rarely make an offer at a job fair.
- o Job fairs offer the employers and you the opportunity to “interview” each other.

Questions you may ask

- o “What types of positions are available within your company?”
- o “Can you tell me what characteristics your most successful employees (specific area) have?”
- o “What is the hiring process?”
- o “What types of training are provided for new employees?”
- o “Is there an application I need to complete?”
- o “If I have additional questions, whom may I contact?”

Resume Clinic:

The Mission College Job Fair Committee will provide a series of workshops including...

Resume Clinics- Monday and Tuesday, April 16 and 17 to help you get prepared for the Job Fair.

MESA student receives \$1000 scholarship

By Char Perlas, MESA Director

Geral Limun, one of Mission’s MESA students, received a \$1000.00 scholarship sponsored by Solectron on Friday, February 23rd at the Silicon Valley Engineering Council Banquet. Gerald, an Electrical Engineer Major, was given a \$500 check and a \$500 voucher. Congratulations, Gerald!

Why Become a K-12 Teacher?

By Gwen Quail

The Noble Reasons

Every California student deserves a teacher who can help him or her succeed.

The Passionate Reasons

You want to make a contribution to young people and to your community!

The Practical Reasons

Job Security: The demand for teachers in California has increased nearly 50% since the late 1980s and is expected to continue to increase.

Benefits and Tenure: Excellent health, dental programs and retirement plans plus paid vacation days for Winter, Spring, Thanksgiving and Christmas breaks. The unpaid summer break of two months is a fabulous opportunity.

Financial Incentives: There are scholarships, grants, loans, fee waivers, subsidies and internships to help defray the costs of your education. Teachers who attain National Board Certification receive a \$10,000 merit award. A new income tax credit has been developed that is linked to numbers of years of service in K-12 schools. Many communities are developing housing incentive programs to help teachers purchase a home in the community.

For more information:

California Student Aid Commission: www.csac.ca.gov (916) 526 7590

CalTeach www.calteach.com (916) 278-4600

Why Start Your Teaching Career at Mission ?

Teach for Tomorrow is a new, four-year transfer program for community college students who want to teach at the elementary, middle or high school level.

How we encourage you to consider teaching as a career?

Future Teachers' Club-

Financial Support-

Early placement in K-12 classrooms-

Development of an academic/professional portfolio for applying to four-year schools and teaching positions.

Master teachers at our local schools have been contracted to work with you.

What can you do now?

If you still have questions, e-mail or call Gwen Quail (408) 855-5221
Check out pages 39, 80 and 95, Mission College Spring Schedule, for courses for future teachers!

We have local teachers of Grades K - 12 lined up and excited about having community service-learning projects and reading tutors in their classrooms.

If you are interested, enroll in CHD 053 and/or READ 40 so we can place you in schools!

If you have already registered in CHD 053 or READ 040, please contact me by email to begin school placement. Tell me:

Your name: Course:

Do you want to teach elementary, middle or high school?

If middle or high school, what subject?

From page 1

Education Pays

in general, you will need to make at least \$45,000 annually in the next 5-7 years to continue living in most California counties.



(Workforce Innovations, October/November 2000, NOVA Private Industry Council)

If you are interested in obtaining an associate's and/or bachelor's degree and have not met with a counselor to develop an educational plan, I encourage you to do so. Having an educational plan may help alleviate the stress of wondering what classes you need in order to transfer. I also suggest that you do some career research to find out more about occupations you may be considering. Here are some resources for getting career information:

Visit the Career/Transfer Center in E1-201—there are lots of books as well as computerized software with information about different careers, salaries, job descriptions, work conditions, etc.

Take Counseling 12, Careers & Lifestyles, and spend a semester learning about your interests, skills, and how to make more informed decisions regarding your career choices. This class counts towards graduation and transfers to CSU.

The Internet and Jobs

Of course, there is a wealth of information on the Internet. Here are a few helpful web sites:

www.JobHuntersBible.com

stat.bls.gov/ocohome.htm

www.review.com/career

www.petersons.com

New Library

From page 1



Instructional Materials Center

(IMC, W2-501) will be closed. Textbooks and course reserve collections will remain for use on the third floor.



The circulation desk...

will remain on the 3rd floor with full check-out/return service, including tele-course tape rental and book borrowing from West Valley library.

A copier, one Internet station for library catalog access, a few video players and all study carrels will be available for use by students.



A next-day paging service for library's own books/videos/magazines will be available to all Mission users.

Third Floor Library East Reading Room...

will be open regular hours. All study carrels and study tables in the East reading room will remain for student use.

The reference desk ...

will be relocated to the East reading room. A librarian, with select reference books, will be available to assist students. Current issues of daily newspapers will be available.

Four computers with full



Internet access will be available for student

use. All library databases are available 24x7 anywhere on or off campus.

For More Information check out Mission College's Website

Updates will be issued as progress is made. Updated information is also available at the library's homepage:



Success Story

From page 1



year and barely graduated. Two months later, he was in the Navy.

While stationed in Italy, he excelled in his duties only to lose stripes by continuing to drink excessively and cause problems in the off-hours. As the Navy began to crack down on alcohol abuse, the consequences grew. After a particularly rough New Year's Eve night, Guerrero ran out of excuses and friends and realized how alone he was and desperately asked God to "kill me or help me." As it turned out, he received help; he gained the determination and courage to change his life. After eight years in the Navy without ever considering higher education as an option, he emerged from his military service a changed person mentally, physically, and spiritually – and ready for college. After spending all his life believing that college was for "rich, white kids", college had become obtainable and not just something for the privileged.

Guerrero desperately asked God to "kill me or help me."

Knowing any academic knowledge he had retained from high school would be poor, Jaime started with remedial courses in English and Math at a Mission College in Santa Clara. Three years later, he graduated with an Associate of Arts Degree with honors. Two years later he graduated from Santa Clara University with a Bachelor's degree in Psychology. After moving to the Denver area, Guerrero finished again in two years with his Master of Arts in Counseling Psychology from the University of Denver. Always working while going to school, Jaime gained experience in his field by working at a Salvation Army Alcohol and Drug Rehabilitation Center and an adolescent girls treatment center while in graduate school.

Two amazing things happened as Jaime continued his education. First, he reclaimed his Hispanic roots and pride, and second, he began to give back. In 1994, Jaime rode a bicycle across the United States in a "Break the Cycle" fundraising and awareness-building campaign for child sexual abuse. He sees parallels between the two-month bike ride from the coast of Oregon to the shores of Delaware and his education in that each took one day at a time. "You can't ride a bicycle across country in one day nor finish a college education in one day either. You get up, put your clothes on, and do what's in front of you." Many times, he felt unequal to the task ahead but kept going. Another case of giving back came in 1997, when he ran a marathon to raise funds for leukemia research in honor of his mother who had been a victim of cancer. "Every experience we face can be turned into a positive or negative; we can learn from our mistakes or continue the cycle." Jaime has certainly turned his hate, hurt, and anger into positive, forgiving, and powerful energy.

Today, he helps Lamar Community College students make smart career and academic decisions. He also helps them face anxiety and all matters of stress-related issues. Part of this is accomplished by building rapport with students from all walks of life. Take the time to get to know the staff and faculty at Mission College, Many of them are the first in their family to graduate from college. You will see that, like Jaime Guerrero, they have faced adversity and triumphed. Today they help their students achieve dreams.