

# COUNSELING CONNECTIONS



MISSION COLLEGE Counseling/Matriculation

FALL 2002 Volume 15, Number 5

## Library's LINK+ Opens Doors to 30 California Libraries

By *Laura Witschi*

Was the book you wanted checked out? Did you need a book not owned by Mission College Library? Did you ever wish you could easily borrow books from other California libraries?

If you answered "yes" to any of the above, look no further than the library's recently unveiled LINK+ ("link-plus")

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## Mission Student Wins \$20,000 Scholarship

Jackie Hunt is a winner in many ways. She graduated from Mission in May 2002 and just started her first semester at UC Santa Cruz as the winner of the \$20,000 Pister Award at Mission College. Here is her story. She is a single mother who quit school when she was 16 because she came from a dysfunctional family and desperately wanted to move out on her own. She tried any job that she could get without an education. She married early, gave birth to her daughter a year later and then separated from her husband shortly thereafter.

Soon after she left her husband, she was attacked in her home and severely beaten and raped. Because of the trauma, she was left with brain damage including loss of memory. She had to teach herself how to read and write all over again. Embarrassed by the incident, she talked about it very little. Finally, she went back to school at West Valley College taking

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## \$20,000 Pister Scholarship Can Be Yours

By *Jennifer McNulty, UC Santa Cruz*

This spring marks the 10th consecutive year the University of California, Santa Cruz, has awarded \$20,000 scholarships to talented community college transfer students. In September, a Mission student enrolled at UCSC as a recipient of the Karl S. Pister Leadership Opportunity Awards, a program created to foster the transfer of accomplished students who overcame adverse socioeconomic circumstances.

Recipients receive \$10,000 scholarships for each of two years, as well as the support of a strong academic mentoring program and assistance finding paid summer work experience in a field that complements their studies.

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# Technology Access for Students with Disabilities

By Helen Ostrander

Have you wondered what a speech recognition application does for you? Scan and Read application? Word Prediction application?

All of these applications, and more, offer students with disabilities greater independence and relief from anxiety. One of our students with learning disabilities used the Scan and Read software application for his Humanities course. He came to DISC, scanned a chapter and then listened to what was written. He highlighted the main ideas yellow and the supportive ideas blue. Then, this highlighted material was extracted and the student printed an outline of all the important material of that particular chapter. This process gave the student an auditory approach to his learning and ownership of the material. Using this technology, he received a "B" in the course, whereas the previous semester he received a "D" in Political Science.

Technology heightens a sense of self-esteem in the students as they gain competency with the applications. Competency then assists students with taking control of their learning, leading to their educational success.

Visit the Disability Instructional Support Center (DISC, room S2-101) if you would like further information. If you feel that you have a verifiable disability, please call 855-5085.



## Library Link +

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service. LINK+ is a premiere inter-library lending service provided by a consortium consisting of 30 California colleges, universities and public libraries that have agreed to share their collections with each other using a daily delivery courier service. LINK+ greatly enhances Mission College Library's core library services by facilitating access to nearly 15-million books owned by the 30 participating libraries throughout California.

### Unique Features

Unique features of LINK+ include a dedicated statewide courier network for daily deliveries, a single shared catalog for locating books, and a simple-to-use online request button for self-service 24 hours a day, seven days a week – all free to Mission College students, faculty and staff. Mission College Library users may also visit most LINK+ member libraries and borrow books using their Mission College I.D. card.

### Using Link +

To use LINK+ directly, visit the library's catalog page ([http://lib.wvmccd.cc.ca.us/search\\*spa/](http://lib.wvmccd.cc.ca.us/search*spa/)) and click on the LINK+ icon. The LINK+ search button is also available after searching the library's catalog. Either method will connect library users seamlessly to the LINK+ central catalog. When a desired item is located, click the REQUEST button to activate an online request form. If the item is unavailable at either Mission College or West Valley library, you will be prompted to enter your name, Mission College I.D. number (from your Mission College I.D. card), and Mission College or West Valley College library affiliation. Finally, select the desired PICKUP LOCATION — either Mission College Library or West Valley College Library. Materials arrive for pickup at Mission College usually within 2-4 days. LINK+ users can also track the status of their requests online. LINK+ materials circulate for 3 weeks and are subject to overdue fees.

West Valley and Mission College libraries are the first community colleges in California to offer LINK+ to their campus communities. The West Valley/Mission College libraries LINK+ program is made possible this year by a one-time California State Library grant.

**For more information, call Laura Witschi, Public Services Librarian, at 408-855-5168, or stop by the library and pick up a brochure. An online LINK+ FAQ is also available at [www.lib.wvmccd.cc.ca.us/search\\*spa/](http://www.lib.wvmccd.cc.ca.us/search*spa/) (click on ABOUT LINK+).**



*Counseling Connections* is published four times a year by the Counseling Department at Mission College.

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**Paid for by  
Matriculation  
Funds**

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## Mission to Cuba

By Joan Powers

The Global Studies program will be offering a new exciting course for Spring 2003 – Global Studies 05 -*Global Focus* with a study/tour abroad. This course focuses on what it means to be American (US) while being immersed in the culture of a foreign country. The target country for the Spring Semester is CUBA (over Spring Break).

How does this work? For five Saturday mornings prior to our trip to Cuba, we will read about, discuss and examine American values, behaviors and institutions. By doing so, we will build a framework and have the tools to better understand our reactions and experiences in Cuba. We will meet one more time after Cuba to de-brief and to allow students to present and submit a comparison and contrast paper on a major aspect of American and Cuban society.

We will be meeting and talking with educators, artists, students, medical professionals and government officials to try to better understand the values, behaviors, dreams and hopes of the Cuban people.

We are currently working with Global Exchange on a custom "reality tour" of Cuba. Global Exchange is fully licensed by the U.S. Treasury Dept. to take U.S. educational groups to Cuba.

Estimated cost of the Cuba study/tour = \$2300.

Global 05 –*Global Focus*. First meeting January 25, 9-12pm, Mission College. Subsequent meetings: 2/8, 2/22, 3/8, 3/22, 4/26

# Over 40 Colleges and Universities at Mission's Transfer Night

By Susan Monahan

November 7, 2001

4-7pm in Center Space

You're invited. Come to the exciting TRANSFER NIGHT event on November 7, 2002 in Center Space. There will be over 40 four-year colleges here to assist you with scholarships, housing, majors, and athletics.

Do you want to attend college in the redwoods? On the coast? In the city? TRANSFER NIGHT will help you find the college you need. Interested in business, sports or marketing? TRANSFER NIGHT will give you the answers.

PRIVATE COLLEGES: Santa Clara University; Samuel Merritt Nursing; Academy of Art; University of Pacific and University of San Francisco—with strong pre-law and pre-med programs.

CSU: San Jose State; Hayward; Chico; Fresno; Humboldt; Monterey Bay; Sonoma and Stanislaus.

UC: Berkeley; Davis; Irvine; Riverside; San Diego; Santa Barbara and Santa Cruz—make sure you ask about the \$20,000 scholarship at UC Santa Cruz for a Mission College student. These UC campuses have courses in pre-med, pre-law, environmental science, music, art, medicine, business.

## New Doctor and Nurse for Health Center

by Rosalyn Chan, Director

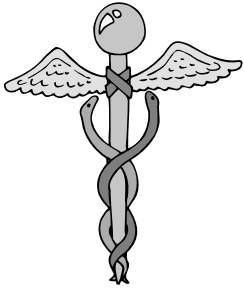
**Dr. Lisa Benton is the new medical director/college physician.** She is very pleased to be here to serve Mission College students. Dr. Benton is at Mission College Student Health Services on Wednesday afternoons. She is a board certified general surgeon and has a very broad range of experience from a variety of medical settings. She has published many articles in professional journals and has been a featured speaker at medical conferences.

In addition to her work at Mission College, Dr. Benton has a private practice with offices in Palo Alto and Alameda. She received her medical degree from Jefferson Medical College, completed a residency at the University of



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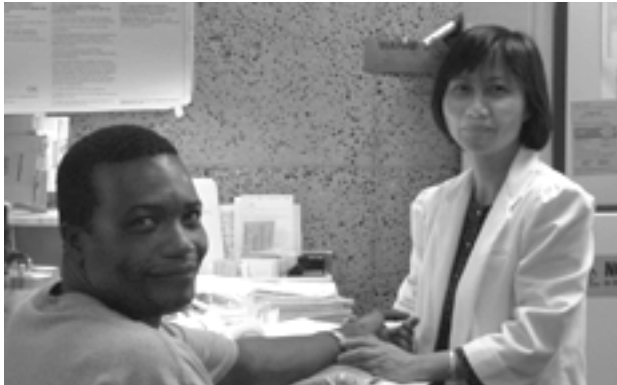
## New Doctor and Nurse



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Medicine and Dentistry of New Jersey-Rutgers/Robert Wood Johnson Medical School, and received a Masters in Public Health degree from Harvard University.

Dr. Benton is also conducting research on technology applications in surgical and medical education, and disparities in health care for underserved and underrepresented populations in medicine. She is also the medical director for Project New Start, the Alameda County Public Health Department's youth violence prevention laser tattoo removal program, and vice-chair of the Public Health Advisory Commission.



**Lily Chang is the new afternoon/evening R.N.** Lily joined the Student Health Services in May. Lily received her B.S.N. from National Taiwan University and her M.S.N. from the University of California School of Nursing, San Francisco. Her graduate studies focused on oncology nursing. With greater than 20 years of consistent nursing experience, she is highly qualified and competent in serving our students. In addition, Lily is bilingual in Mandarin/English. With the many international students who come to the Student Health Services, her language ability has been very useful. Her gracious manner has been well appreciated by all who meet her.

The Student Health Services office is located in room W1-303 (outside door, facing the MT classrooms). Hours of operation are Monday – Thursday, 9 a.m. to 8 p.m.; Friday, 9 a.m. to 4:30 p.m.; Saturday, 9 a.m. to 1 p.m. Students are encouraged to make appointments. Our phone number is (408) 855-5140.

## Your Future as a Pharmacist

*By Harinder Hayer, Pharmacy Technician and Aspiring Pharmacist*



Have you ever been to a pharmacy to have a prescription filled or get some advice on some over-the-counter medications? If you had, you would have seen many faces behind the pharmacy counter. They are pharmacy clerks/cashiers, pharmacy technicians, and pharmacists. Pharmacists are the drug experts and their main concern is to help patients get well. This is the only place where a patient doesn't need an appointment to talk to a pharmacist. The American public has chosen the profession of pharmacy as the best profession for the past three years, except for 2001. Pharmacists are highly trusted professionals throughout the world because of the services they provide. Pharmacists are the backbone of the health profession. This profession has phenomenal opportunities and remarkable earning potential. Median annual earnings of pharmacists in 2000 were \$70,950.

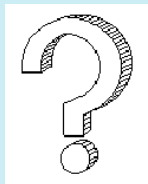
If you are thinking of becoming a pharmacist you need to perform very well in college before you can get into a pharmacy school. The Doctor of Pharmacy program, also known as Pharm. D., requires at least two years of pre-pharmacy studies in a community college with emphasis in the areas of Science and Mathematics. Interested students should also have excellent communication and writing skills. A Bachelor degree in the Science field is a plus. If you do not like Science or Math classes, probably this field is not right for you.

If you want to be a pharmacist, I would advise volunteering a few hours in a pharmacy. It will help you in getting an idea about the profession. You should talk to pharmacists and do a lot of research about the profession. It would be a good idea to visit a pharmacy school campus and talk to the advisors.

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# What Do Our Students Think

*By Special Reporter, Pamela Sanft*



## Where do you see yourself in five years?

### Name : Emiliano Madrigal

When did you first start at Mission College?  
 What made you decide to come to Mission?  
 What is your major here at Mission College?

What made you choose this field?

Where do you see yourself in five years?

### Born: San Jose, CA

*Spring 2000  
 Because it's local  
 Nothing here at Mission College, just here to get my G.E. and transfer to Santa Barbara and major in Business.  
 I feel its something I can do in the future, it's a good career.  
 I'll be married maybe with two kids living in Santa Clara, owning my own company. I see myself being a successful business man.*



### Name : Katie Buckhout

When did you first start at Mission College?  
 What made you decide to come to college?  
 What is your major here at Mission College?  
 What made you choose this field?

Where do you see yourself in five years?

### Born: Newark, CA

*Spring 2002  
 Because I want a good job.  
 Fire Technology  
 I grew up around fire fighters and cops, and I just knew that's what I was gonna do.  
 I will be finishing with school, and looking for a job in the fire fighting field of the Bay Area.  
 Hopefully I will be financially independent, living on my own.*



### Name : Daniel Vu

When did you first start at Mission College?  
 What made you decide to go to college?  
 What is your major here at Mission College?  
 What made you choose this field?

Where do you see yourself in five years?

### Born: San Jose, CA

*Fall 2002  
 I'm here for GE. and transfer to Davis.  
 Graphic Design, or Psychology.  
 I have been drawing all my life, and I just got interested in psychology this year because I like helping people.  
 I see myself in college working on my Masters. I'm looking forward to getting married to my girlfriend, while living in Milpitas*



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### Name : Charlie LaSala

When did you first start at Mission College?  
 What made you decide to come to college?

What is your major here at Mission College?  
 What made you choose this field?  
 Where do you see yourself in five years?

### Born: Santa Clara, CA

*Fall 2002  
 I would have gone to Calpoly, or UC Davis but they wouldn't guarantee me a spot on the baseball team.*

*Criminal Justice  
 I enjoy helping other people.  
 One of two hopeful outcomes.  
 1) Still be pitching, probably at the Pro. Semi-Pro level.  
 2) Working for the FBI.*



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## \$20,000 Scholarship

*From Page 1*

remedial courses. However, the man who had abused her was released from prison and attacked another girl. She was called upon to testify against the attacker. Her reaction to the continuing trauma was to drop out of school.

“During my daughter’s sophomore year in college, she became very ill with a bi-polar disorder and we spent 5 years in and out of hospitals. I realized I had a knack for working with kids and young adults. “Before I went to Mission, I was quite depressed and joined some research programs at Stanford University, which helped tremendously. One of the things my therapist, Dr. Bruce Arnow asked me was “What are your goals?” I realized that my only goals were to stay alive day to day. And so when my daughter went back to school, I allowed myself to think about goals.

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***One of the things my therapist asked me was “What are your goals?” I realized that my only goals were to stay alive day to day.***

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When Jackie started at Mission, she decided to do it one step at a time. The more she learned the more she wanted to learn. “It almost became like an addiction. I had lots of support from counselors who helped me overcome barriers like math anxiety, and teachers like Dr. Brennan who always encouraged me to be the best. Slowly and surely, I became more confident.

“I didn’t start school thinking of a bachelor’s degree. At first, I wanted to be a Psychiatric Technician. However, as time went by, I realized I really could go on for a bachelor’s degree and perhaps become a counselor where I could help people like my daughter on a different level. Meanwhile, my daughter graduated in 2000 from Berkeley with honors and is doing very well. Now she is my biggest supporter.

“At Mission, I was part of EOPS, ACCESS, and a tutor at *Pass the Torch* in English and a recipient for tutoring in Math. These programs offered me the support and encouragement that made life easier. I can’t tell you how many times I went into the ACCESS office in tears over Math and the ACCESS staff members were there for me.

“Winning the scholarship to UC Santa Cruz was an unbelievable accomplishment. I was in shock and feel a tremendous sense of pride. The scholarship allows me to go to the school I really wanted to attend.”

## How to Apply for Pister Scholarship

*From Page 1*



“This visionary program, created by former UCSC Chancellor Karl S. Pister, has helped nearly 130 students pursue their dreams of a four-year degree,” said UCSC Chancellor M.R.C. Greenwood. “UCSC has had the honor of enrolling these students, who bring a commitment to community service and a depth of life experience to the university. It is a genuine pleasure to award these scholarships each spring.”

**The scholarship program recognizes students who have made a demonstrated commitment to assisting and improving the lives of others, who have overcome adverse socioeconomic circumstances, and who might not otherwise be able to attend UCSC for financial reasons.** Candidates are nominated by the presidents of each of 13 regional community colleges, and a recipient from each college is selected by the chancellor in consultation with the Leadership Opportunity Awards Program Screening Committee.

***For more information or to apply, please see a Mission College counselor as soon as possible and submit an application to UC Santa Cruz during the November 1-30 filing period.***

## Pharmacy

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There are five pharmacy schools in California: University of California San Francisco, University of Pacific Stockton, Western University of Health Sciences Pomona, University of Southern California Los Angeles, and University of California San Diego. The duration of the Pharm-D program is four years in all the universities, except U.O.P. Stockton, which has a three-year curriculum. However, there is no summer break and school is open all around the year. The requirements for admission also vary from university to university. [www.assist.org](http://www.assist.org) is the best website to match up the pre requisite courses in between your community college and the pharmacy school you want to get to.

There are several career options in the pharmacy field One can work in an Academic Pharmacy, Community Pharmacy, Out-Patient Pharmacy, In-Patient Pharmacy, Managed Care, The Pharmaceutical Industry, Hospital and Institutional Clinical practice. There is an increasing demand for pharmacists in every pharmacy field due to their acute shortage. It is a very rewarding career in many ways.