

Keeping Tabs

A Monthly Bulletin for
Mission College EOPS/CARE Students



Spring Semester February, 2010

Mission College - Extended Opportunity Program and Services (408) 855 – 5055



(6.0 units general minimum, 4.5 for DISC) no later than **Tuesday, June 8, 2009**. This date is two days after spring '10 grades are scheduled to be posted on the web (June 6, 2010). Continuing students who are still EOPS-eligible but not registered in sufficient units will be notified that their participation is being discontinued.

Spring 2010 Leadership Conference

This semester the EOPS Central Coast Consortium will host their annual EOPS Leadership Conference at the National Hispanic University in East San Jose. The title for this year's Conference is Leadership and Advocacy: The Power of One. This conference is designed with YOU in mind! In times such as these, it is VITALLY important that students learn that they are the LEADERS of today! Learning the art of advocacy will help you achieve your academic, and ultimately your personal goals. Come and learn the skills and obtain the resources which will help you excel to the next level. Becoming a leader starts with YOU!

The conference is an opportunity for students to network, participate in motivational and inspirational workshops, and to refocus on your educational goals. As a member of the Central Coast Consortium, Mission College will be inviting 10 students on a first come, first served basis. The event is scheduled for Saturday, April 17th 2010, from 8:00AM-3:00PM. Students will need to find their own transportation, but we will provide some assistance with the cost of transportation, in the form of gas cards. For those of you that are interested, please contact Rene Mesa, EOPS/CARE Specialist at 855-5060.

New Requirements for the Fall 2010 Semester

Effective spring '10 if you are planning to continue in EOPS next academic year **and** you are still eligible, you need to be registered for fall '10 classes

26th Annual LMSA-West Regional Conference

On April 9-10, 2010, the University of California at San Francisco School of Medicine will host the 26th annual Latino Medical Student Association Conference. They will be celebrating 26 years of promoting the development of Latino Students through education, volunteerism, and professional networking opportunities that foster diversity, higher education, and the improved health of the Latino community. Come check out amazing workshops, keynote speakers and medical school admissions representatives to get all the information you need to succeed. Explore the world of policy and how it affects our future and current health care provision– in addition to many speakers from multiple disciplines and numerous opportunities for professional networking. Registration will open soon! Log on to www.lmsa.net for more information and registration updates.

STANFORD UNIVERSITY MINORITY MEDICAL ALLIANCE 19th ANNUAL PREMEDICAL CONFERENCE

On Saturday February 13, 2010 Stanford University School of Medicine will be hosting their 19th annual SUMMA conference. This is a great opportunity for those of you interested in going to medical school. A few highlights include medical school recruiters from around the country, speakers on

the future of minorities in medicine. Workshops include applying to medical school, MCAT Preparation, Making yourself a Stronger Applicant, Affording Medical School. For more information contact Rene Mesa, EOPS/CARE Specialist. 855-5060

Scholarship Opportunities

The Mission College Financial Aid Office is now offering 2010-2011 Scholarship applications on-line. The deadline to apply is March 11, 2010.

A number of new and continuing scholarship opportunities are now available for the 2010-2011 school year. Please review these scholarship opportunities to determine if you qualify. As a reminder if you will need a letter of recommendation from one of the EOPS Counselors, you should let them know ASAP to avoid a last minute rush. If you need additional information you can contact Rene Mesa for assistance.

The Pacific Health Foundation based in San Jose is offering summer internships for pre-professional/professional students pursuing studies in medicine, pharmacy and public health at an accredited university. Community college students who will transfer to a university in fall 2010 and hold junior status may be considered.

<http://www.pacifichealthfdn.org/get-involved.html>

Vision New America's Youth Leadership & Civic Engagement Program is now accepting applications for their 2010 Youth Leadership & Civic Engagement Program. Deadline to apply is February 12, 2010

www.visionnewamerica.org



[Casey Family Programs](http://www.caseyfamily.org) and The Orphan Foundation of America are pleased to announce that applications

are now available for the 2010-2011 academic year (www.orphan.org). The *Casey Family Scholars Program* will award approximately 75 new scholarships for undergraduate study and career/technical training at accredited institutions and programs. A limited number of graduate school scholarships will also be awarded. Scholarships include support services.



Announcing the 2010 "Dare to Dream" Academic Scholarship

Foster A Dream is accepting applications for our **2010 "Dare to Dream" Academic Scholarship**. Current and former foster youth living in the Bay Area who plan to pursue or continue their higher education dreams are invited to apply. Foster A Dream will be highlighting 3 Scholarship Categories: Scholastic Achievement, Rising Above Adversity, and Community Involvement. Please contact me with questions, concerns, or if needing assistance with any part of the scholarship at 925-228-0200 or tamara@fosteradream.org.

The Health Professions Education Foundation is pleased to announce the next application deadline - March 24, 2010 - for its scholarships and loan repayments. Eligible professions include allied health, vocational and registered nurses, mental health providers, physicians and other health professions.

Scholarships (awarded to current students) range from \$4,000 to \$13,000 and loan repayments (awarded to current health professionals) range from \$8,000 to \$105,000. Applicants awarded a scholarship or loan repayments are required to provide direct patient care in a medically underserved area for a specified period of time. For more information, please visit the website at www.healthprofessions.ca.gov.

Interested students are encouraged to participate in one of the upcoming Technical Assistance Calls (TAC). During these calls, Program Officers will

review the process of applying and you will also be able to ask questions on how to complete a successful application. Program Officers will also be available to answer all other questions regarding these programs and their eligibility. The schedule for the TACs is: All calls will be from 12:00 - 1:00 P.M. Feb. 11 and Mar. 1

Scholarships:

1. Allied Healthcare
2. Vocational Nurse
3. Licensed Vocational Nurse to Associate Degree Nursing
4. Associate Degree Nursing
5. Bachelor of Science Nursing
6. Health Professions Education

Feb. 8 & Mar. 4

Loan Repayments

*B.S.N.

*LVN

*Health Professions

Feb. 9 & Mar. 3

Loan Repayments

*Steve Thompson

*Orange County Pediatric Specialists

Feb. 10 & Mar. 2

Loan Repayments

*Licensed Mental Health Service Provider Education Program

Space is limited so if interested RSVP early to calmazan@oshpd.ca.gov or by calling 1-800-773-1669 or 916-326-3640.



Please take a look at the following link to the Silicon Valley Community Foundation for different scholarship opportunities. Once there click on "apply for a grant" and then click on "apply for a scholarship". You will find all the information that you need to apply for several scholarship opportunities at this link. Each scholarship has its own unique criteria and varying deadlines; therefore, it is advised that applicants read the application and eligibility requirements carefully before applying. Don't procrastinate.

http://www.siliconvalleycf.org/grants_studentsTeachers_SCHOL.html#crain

2010 THROUGH THE LOOKING GLASS SCHOLARSHIP ANNOUNCEMENT

Through the Looking Glass and its National Center for Parents with Disabilities and their Families are pleased to announce new scholarships specifically for high school seniors and college students who have parents with disabilities. A total of ten \$1000 scholarships will be given out fall 2010. These scholarships are part of Through the Looking Glass' National Center for Parents with Disabilities and their Families. Please note that the 2010 awards have different application procedures than previous years. There are separate scholarship awards for high school seniors and for college students and each has separate eligibility requirements: College Students. To be eligible, a student must be currently enrolled in a two-year or four-year college in Fall 2010 in pursuit of an AA, BA or BS degree, be 21 years of age or younger as of March 1, 2010, and have at least one parent with a disability. All application materials must be postmarked by March 1, 2010. Individuals may submit only one application per award period. Selection criteria for all scholarships include academic performance, community activities and service, letter of recommendation and an essay describing the experience of growing up with a parent with a disability. Please go to our website: <http://www.lookingglass.org> <<http://www.lookingglass.org/>> <http://lookingglass.org/ncpd/index.php>> for more information, including the application form, complete application directions and an FAQ page that answers many common questions as well as offers helpful suggestions.



This is a scholarship opportunity for Lesbian, Gay, Bisexual, and Transgender students who are transferring in fall 2010. The following link provides information on the application process and deadlines. The application process will be open

from December 11, 2009 through February 12, 2010.
<http://www.pointfoundation.org/instructions.html>

The Western Union Foundation's Family Scholarship Program is a new initiative for migrants, immigrants and their families. The Family Scholarship Program is intended to help two members of the same family move up the economic development ladder through education. Scholarships may be used for tuition for college/university education language acquisition classes, technical/skill training, and/or financial literacy. For example, one family member may request assistance to attend college and the other family member may request assistance to attend English as a Second Language (ESL) course.

<http://foundation.westernunion.com/ourProgramsScholarships.html>

Suggestion Box

Did you know that the EOPS office has a box for students to submit suggestions for the program or the office? If you have any suggestions, comments or ideas, and would like for those suggestions to be read by our program director, then all you need to do is write it down on one of our suggestion slips, and place it in the box. The box is located at the front counter as you walk into the EOPS office.



Reminders

- Always carry your Mission College ID card with you when you're on campus. Effective in spring 2010, you are required to have it to access EOPS services. This

will allow us to serve you more quickly and confidentially.

- For your convenience, designated EOPS staff members are bilingual English/Spanish. If you need help understanding this correspondence please ask for Vicky Franco 408-855-5057 or Rene Mesa 408-855-5060.
- **Para su conveniencia, los miembros designados del personal de EOPS es bilingüe Español / Inglés. Si usted necesita ayuda para entender esta correspondencia pregunte por Vicky Franco 408-855-5057 o René Mesa 408-855-5060.**
- For your convenience, designated EOPS staff members are bilingual English/Vietnamese. If you need help understanding this correspondence please ask for Xuan Lu 408-855-5055.
- **Để thuận tiện cho bạn, chương trình EOPS có nhân viên nói được hai thứ tiếng: Anh và Việt. Nếu bạn không hiểu phần nào trong lá thư này, xin liên lạc với cô Xuan Lu ở số phone 408-855-5055.**
- If you have text books that you want to sell, trade or donate, EOPS has a Book Recycle Board located next to the front counter as you enter the EOPS office. Simply post your contact information with the book information for others to view.
- The Mission College Student Health Center is currently offering Free H1N1 Flu Vaccines to students currently enrolled at Mission College. All you need to do is contact the Health Center to make your appointment. 855-5140

Black History Month "Question of the Week" Contest February 2010

This year's contest focuses on California African-American history.

Snip, complete & submit entries to MC-EOPS (E1-403) by noon on dates noted to be eligible to win a prize!

Week of Feb. 1st (entries due 2/5/10, 12pm):

At the 1968 Summer Olympics in Mexico City these two U.S. sprinters won first and third place in the 200-meter event. Upon accepting their gold and bronze medals they stood with bowed heads and raised clenched fists as The Star-Spangled Banner was played, silently making a socio-political statement protesting racial inequalities. They were later stripped of their medals for this act. Who are they?

Name: _____
E-mail: _____

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Week of Feb. 8th (entries due 2/11/10, 12pm):

This book is considered to be one of the most complete chronicles of early history about California's Black pioneers. It was first published in 1919, and after being out-of-print for many years was re-printed in 1998. Hint: author's first name is Delilah. What is the book's title?

Name: _____
E-mail: _____

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Week of Feb. 15th (entries due 2/19/10, 12pm):

This all-Black town was founded in Tulare County by a retired army colonel in 1908. With a vision of independence and self-sufficiency for its

residents, the town began with almost 40 families and grew to nearly 300 by the end of its span of existence. Lack of water and other infrastructural deficiencies ultimately led to its demise. The site is now a California historical park that has original structures still standing (some restored) including a schoolhouse, a church, a library, a hotel, a barn, and several houses and other buildings. What is the name of the town?

Name: _____
E-mail: _____

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Week of Feb. 22nd (entries due 2/26/10, 12pm):

Long before Rosa Parks' courageous act in 1955 that helped spur the Civil Rights Movement of the 1950s and 60s, this businesswoman and freedom fighter sued San Francisco's streetcar company in 1868 for a driver's refusal to allow her to board a trolley. Quoted as saying, "I'd rather be a corpse than a coward," she is known as the Mother of Civil Rights in California. Who was she?

Name: _____
E-mail: _____