

# Summer - Fall 2008

<http://www.missioncollege.org/community/comm-ed>

3000 Mission College Blvd., Santa Clara, CA 95054

<http://www.kaisersantacleara.org>

710 Lawrence Expressway, Santa Clara, CA 95051

Mission College

Kaiser Santa Clara

## Childbirth Preparation Classes PARTNERS IN HEALTH



### Preparing for Childbirth \$6.00/person - \$ 12.00/couple

This class is designed for expectant parents to learn about pregnancy, breathing and relaxation techniques, admitting policies, and delivery procedures.

A Virtual Tour of the Maternity Department at Kaiser Permanente in Santa Clara can be seen at [www.kpvirtualtour.com](http://www.kpvirtualtour.com).

- \* All Childbirth classes are available to public.
- \* Choose a class that concludes no later than three weeks prior to your delivery date.
- \* Please no children.
- \* Bring 2 pillows and a mat to every class.
- \* Bring enough water bottles to avoid dehydration.

#### Preparing for Childbirth - Week Nights 10 hrs, Four Weeks - Facility: Kaiser (KAIS) 7:00pm - 9:30 pm

Section	Dates	Day	Room
PC68948	06/02 - 06/23	Mon.	KAIS - C1&C2
PC68949	06/03 - 06/24	Tues.	KAIS - C1&C2
PC68950	07/07 - 07/28	Mon.	KAIS - C1&C2
PC68951	07/08 - 07/29	Tues.	KAIS - C1&C2
PC68952	08/04 - 08/25	Mon.	KAIS - B1&B2
PC68953	08/06 - 08/27	Wed.	KAIS - B1&B2
PC68954	08/11 - 09/08	Mon.	KAIS - C1&C2
PC68955	08/13 - 09/03	Wed.	KAIS - C1&C2
PC69015	09/08 - 09/29	Mon.	KAIS - B1&B2
PC69016	09/10 - 10/01	Wed.	KAIS - B1&B2
PC69017	09/22 - 10/13	Mon.	KAIS - C1&C2
PC69018	09/24 - 10/15	Wed.	KAIS - C1&C2
PC69019	10/13 - 11/03	Mon.	KAIS - B1 & B2
PC69020	10/15 - 11/05	Wed.	KAIS - B1 & B2
PC69021	10/20 - 11/10	Mon.	KAIS - C1&C2
PC69022	10/22 - 11/12	Wed.	KAIS - C1&C2
PC69023	11/10 - 12/01	Mon.	KAIS - B1 & B2
PC69024	11/12 - 12/03	Wed.	KAIS - B1 & B2
PC69025	11/17 - 12/08	Mon.	KAIS - C1&C2
PC69028	11/19 - 12/10	Wed.	KAIS - C1&C2

#### Preparing for Childbirth - Weekends 8 hrs, One Day Accelerated - 9:00 am - 6:00 pm Facility: Kaiser (KAIS) or Mission College (MISS)

Section	Dates	Day	Room
PC68939	06/08	Sun.	KAIS - A3 & A4
PC68940	06/21	Sat.	MISS - HM21
PC68941	06/28	Sat.	KAIS - C1&C2
PC68942	07/19	Sat.	MISS - HM21
PC68943	07/20	Sun.	KAIS - C1&C2
PC72339	07/26	Sat.	KAIS - C1&C2
PC68944	07/27	Sun.	KAIS - C1&C2
PC68957	08/09	Sat.	KAIS - C1&C2
PC68945	08/17	Sun.	KAIS - C1&C2
PC68946	08/23	Sat.	MISS - HM21
PC68993	09/14	Sun.	KAIS - C1&C2
PC68994	09/20	Sat.	MISS - HM21
PC68995	09/27	Sat.	KAIS - C1&C2
PC73035	10/05	Sun.	KAIS - B1&B2
PC73036	10/12	Sun.	KAIS - C1&C2
PC68996	10/18	Sat.	KAIS - C1&C2
PC68997	10/18	Sat.	MISS - HM21
PC68998	10/19	Sun.	KAIS - C1&C2
PC68999	10/25	Sat.	MISS - HM21
PC73037	10/26	Sun.	KAIS - C1&C2
PC73170	11/02	Sun.	KAIS - B1&B2
PC69002	11/08	Sat.	KAIS - B1&B2
PC69003	11/09	Sun.	KAIS - C1&C2
PC69004	11/22	Sat.	KAIS - C1&C2
PC69005	11/22	Sat.	MISS - HM21
PC74049	11/29	Sat.	KAIS - B1&B2
PC69006	12/06	Sat.	KAIS - B1&B2
PC69007	12/13	Sat.	KAIS - B1&B2
PC69008	12/13	Sat.	MISS - HM21
<b>NEW PC74053</b>	<b>12/14</b>	<b>Sun.</b>	<b>KAIS - B1&amp;B2</b>

### Infant Care \$6.00/person - \$ 12/couple

A 6 hr. class designed to introduce new parents and child care providers (baby-sitters, grand-parents, etc.) to current child care issues and practices. This class includes information on bathing, feeding and safety issues for infants daily care.

- \* All Childbirth classes are available to public.
- \* You can also take this class after the baby is born.
- \* Bring enough water bottles to avoid dehydration.

#### Infant Care Thursday, Two Weeks - Facility Kaiser (KAIS) 6:30pm - 9:30pm

Section	Dates	Day	Room
IC68842	06/05 & 06/12	Thur.	KAIS - C1&C2
IC68843	07/10 & 07/17	Thur.	KAIS - C1&C2
IC68844	09/04 & 09/11	Thur.	KAIS - B1&B2
IC68845	10/02 & 10/09	Thur.	KAIS - C1&C2
IC68847	10/30 & 11/06	Thur.	KAIS - C1&C2
IC68848	12/04 & 12/11	Thur.	KAIS - C1&C2

#### Infant Care One Saturday or Sunday Facility: Kaiser (KAIS) - 9:00am - 4:00pm

Section	Dates	Day	Room
IC68860	06/07	Sat.	KAIS - C1&C2
IC68861	06/08	Sun.	KAIS - C1&C2
IC68862	06/14	Sat.	KAIS - C1&C2
IC68863	07/12	Sat.	KAIS - C1&C2
IC68864	07/13	Sun.	KAIS - C1&C2
IC68865	07/19	Sat.	KAIS - C1&C2
IC68866	08/16	Sat.	KAIS - C1&C2
IC68867	08/23	Sat.	KAIS - C1&C2
IC68882	09/06	Sat.	KAIS - C1&C2
IC68883	09/07	Sun.	KAIS - C1&C2
IC68884	09/13	Sat.	KAIS - C1&C2
IC68885	10/04	Sat.	KAIS - C1&C2
IC68886	10/05	Sun.	KAIS - C1&C2
IC68887	10/11	Sat.	KAIS - C1&C2
IC68888	11/01	Sat.	KAIS - C1&C2
IC68889	11/02	Sun.	KAIS - C1&C2
IC68890	11/08	Sat.	KAIS - C1&C2
IC74048	11/29	Sat.	KAIS - C1&C2
IC68891	12/06	Sat.	KAIS - C1&C2
IC68892	12/13	Sat.	KAIS - C1&C2
IC68893	12/14	Sun.	KAIS - C1&C2



# Registration Form

Mother: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Last Name First Name MI \*\*

Address: \_\_\_\_\_ Social Security # \_\_\_\_\_  
Street City Zip

Phone Number: \_\_\_\_\_ Student Educ. Status \_\_\_\_\_  
Home Cell ( ) Work Please check  the appropriate type.

Partner: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
Last Name First Name MI \*\* \*\*

Address: \_\_\_\_\_ Social Security # \_\_\_\_\_  
Street City Zip

Phone Number: \_\_\_\_\_ Student Educ. Status \_\_\_\_\_  
Home Cell ( ) Work Please check  the appropriate type. \*\*

Due Date: \_\_\_\_\_ Email Address: \_\_\_\_\_  
Month day Year Please Print Clearly - Leave an email if you check it very frequently.

Preferred Class:

Childbirth: 1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_ Infant Care: 1st Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_

Payment Information:

Total Amount: \_\_\_\_\_

1. Check: Make Check Payable to: Mission College Community Education. Check No. \_\_\_\_\_

2. Pay by:    Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_  
3 or 4 digit Security Code on the back: \_\_\_\_\_

## \*\* State Requested Information (This is a State funded class)

**Ethnic Background** (Please select most appropriate number for each class participant listed above)

- |                    |                        |                             |                             |                             |
|--------------------|------------------------|-----------------------------|-----------------------------|-----------------------------|
| 1. A Asian         | 7. AM Cambodian        | 13. HM Mexican/Chicano/Mex. | 19. P Pacific Islander      | 25. X. Unknown/Non-Responde |
| 2. AC Chinese      | 8. AV Vietnamese       | 14. HR Central American     | 20. PG Guamanian            | 26. XD Declined to State    |
| 3. AI Asian Indian | 9. AX Other Asian      | 15. HS South American       | 21. PH Hawaiian             |                             |
| 4. AJ Japanese     | 10. B African-American | 16. HX Other Hispanic       | 22. PS Samoan               |                             |
| 5. AK Korean       | 11. F Filipino         | 17. N American Indian/Alas  | 23. PX Other Pacific Island |                             |
| 6. AL Laotian      | 12. H Hispanic         | 18. O Other Non-White       | 24. White                   |                             |

**Student Educational Status** (Please select most appropriate number for each class participant listed below)

- |                                     |                              |                                  |                                    |                                     |
|-------------------------------------|------------------------------|----------------------------------|------------------------------------|-------------------------------------|
| 1. 1 - Special Admit/Enrolled K-12  | 3. 3 - Received HS Diploma   | 5. 5 - HS Proficiency Certificat | 7. 7 - Associate Degree            | 9. N - Not Graduate/Not HS Enrolled |
| 2. 2 - Currently Enrolled Adult Sch | 4. 4 - GED or CA Equivalency | 6. 6 - Foreign HS Graduate       | 8. 8 - Bachelor's Degree or Higher | 10.X- Unknown                       |

## Registration Procedures:

For most updated information regarding class availabilities, please visit our website at:  
[http://www.missioncollege.org/community/comm\\_ed/childbirth.html](http://www.missioncollege.org/community/comm_ed/childbirth.html)

1. Register Online: this is the most advantageous registration since you can put yourself right in to the class without waiting in line to get processed. It is very convinient since you can do it all yourself from picking the right class and paying for it all at the same time. for detailed information and "how to" instruction please refer to the following link:

[http://www.missioncollege.org/community/comm\\_ed/childbirth.html](http://www.missioncollege.org/community/comm_ed/childbirth.html)

2. Fax/Call in Registration: When you submit your **completed** application, we put your form in order that we received. The registration will be based on first come first serve basis. In case your 1st and 2nd class choices were full, we will inform you by phone. Registration Phone Line: 408.855.5106  
Registration Fax Line: 408.855.5480

3. Walk in/Mail in Registration: You can stop by our office or mail in your application for registration. These registrations also will be based on first come first serve basis.

Daily Hours: M-F 8:30-4:30\* \*Subject to change  
Mission College Community Education Office  
3000 Mission College Blvd. Room S1-202 (Mail Stop 13)  
Santa Clara, CA 95054

## Please detach and keep for future reference

Childbirth classes are held on two locations. Please check your registration confirmation in advance.

1. Kaiser Permanente - 710 Lawrence Expressway, Santa Clara, CA 95051
  - Parking is available in Lots C and D. (follow signs to Homestead East Lobby)
  - Enter through the Homestead East Lobby and proceed down the hall to the right
  - Look for and follow signs leading to Dept 196 (Conference Center)
  - All classes are held within the conference rooms of the Conference Center on the 1st floor, Dept 196.
  - For information and directions, visit the Information Counter or access one of the "Find Your Way" kiosks found immediately inside the lobby entrance.

2. Mission College - 3000 Mission College Blvd. Santa Clara, CA 95054
  - Parking is available in Lots D. Purchase a 2.00 pass for the entire day parking.
  - The classes are held in Hospitality Management Building (A brown Building next to parking lot D)
  - Map to the classes is available online.

**Note: Please choose your class wisely as there is limited space. Changes can only be made with a valid reason and may require documentation. Refunds will not be issued after the class date. Should you deliver your baby prior to the class date, please call us within two weeks to ask for a refund. Students will be contacted by phone if a class is cancelled prior to the class date, and a full refund will be forwarded if we were unable to place you into another class.**