

BEFORE ENROLLING IN DEGREE APPLICABLE COURSES, IT IS RECOMMENDED THAT YOU COMPLETE ENGL 001A AND READ 053.

Students will be assessed through examinations, quizzes, case studies, skill demonstration, oral presentation, discussion, and clinical evaluation.

A.S. Degree:

- Vocational Nursing

Certificate:

- Vocational Nursing

VOCATIONAL NURSING PROGRAM ACCEPTANCE POLICY

Due to requirements mandated by the Board of Vocational Nursing and Psychiatric Technician, acceptance into the Vocational Nursing program will be dependent on the following:

Vocational Nursing:

- Attendance at an information session (Dates will be posted in Online)
- Satisfactory score on the Test of Essentials Academic Skills (TEAS)
- Submission of an application for the VN program by the specified deadline (Applications are available online at www.missioncollege.org/depts/health/index.html/nursing)
- Satisfactory completion of prerequisites: BIOSC 022, ENGL 001A
- It is recommended that students have completed AH 003, NS 015, PSYCH 012, VN 057 prior to applying for this program.
- BIOSC 022, NS 040, PSYCH 012, VN 057 must be completed within 5 years of applying to the program.
- Students must pass all VN courses with a grade of 75% or higher.

For any questions regarding non-acceptance into a program, please contact a counselor for an educational plan.

Vocational Nursing - A.S. Degree and Certificate of Achievement

The Licensed Vocational Nurse is a member of the health care team and works under the direction of a Registered Nurse or physician. The Vocational Nurse Program

offers both a Certificate and an A.S. Degree. Students desiring an A.S. Degree must complete the college graduation requirements for an Associate of Science Degree in Vocational Nursing. Certificate requirements consist of three semesters of study. Classroom theory consists of 9 to 11 hours per week. Approximately 18 hours are spent in clinical experiences (VN 055A1, VN 055B1, VN 055C1). Students must maintain a grade of C or better in all classes in the program. Upon completion of the program, students are eligible to apply for the national licensing examination.

Enrollment is limited. Contact the Applied Science Office for test dates and brochures. Students should make an appointment with a counselor for additional information and clarification.

Core Curriculum Courses (Required)	Units
AH 011Cardiopulmonary Resuscitation	0.5
BIOSC 022Anatomy & Physiology for Allied Health Workers	4.0
VN 050Introduction to Vocational Nursing	0.5
Semester I	Units
VN 055A1Medical-Surgical Clinical Lab	6.0
VN 055A2Medical-Surgical Nursing Theory	4.0
VN 055A3Communications and Behavior	3.0
VN 055A4Introduction to Nursing Process	1.0
VN 060ABeginning Pharmacology - Part I	1.0
Semester IIUnits	
NS 015Human Nutrition	3.0
.....or	
PSYCH 012Human Growth and Development	3.0
VN 055B1Medical-Surgical Clinical Lab	6.0
VN 055B2Medical-Surgical Nursing Theory	4.0
VN 056Obstetrical Nursing	3.0
VN 060BBeginning Pharmacology - Part II	1.0
Semester III	Units
VN 055C1Medical-Surgical Clinical Lab	6.0
VN 055C2Medical-Surgical Nursing Theory	4.0
VN 055C3Vocational Nursing Seminar Issues and Trends	2.0
VN 057Introduction to Gerontology	2.0
VN 058Introduction to Child Health Care	2.0
VN 060CPharmacology - Part III	1.0
Total Program A.S./Cert. Requirements	54.0

VOCATIONAL NURSING (VN)

050• INTRODUCTION TO VOCATIONAL NURSING 0.5 unit

Total Lecture 9 hours

Prerequisite: Acceptance into the Vocational Nursing Program

This course helps acquaint incoming Vocational Nursing students with Mission College, available services, and the Vocational Nursing Program. It covers college orientation and information regarding the Vocational Nursing Program policies and procedures, study skills assessment and time management. *Pass/No Pass Option.*

55A1 • INTRO TO MEDICAL-SURGICAL CLINICAL 6.0 units

Total Lab 324 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: BIOSC 022, Acceptance into the Vocational Nursing Program

Corequisite: AH 011 VN 055A2, VN 055A3, VN 055A4 and VN 060A

Acceptable for credit: California State University

A foundation course in which learning experiences are designed to give the student a working knowledge of the principles and skills necessary to nursing in the hospital and in the home. Classroom instruction is followed by demonstrations in live situations. Students spend approximately 18 hours a week in the hospital perfecting skills through actual nursing care of patients. Clinical experience is correlated with classroom learning. Emphasis is placed on competence in performing basic nursing procedures and skills, including observing, reporting and recording. *Materials Fee. Pass/No Pass Option.*

55A2 • MEDICAL-SURGICAL NURSING THEORY 4.0 units

Total Lecture 72 hours

Advisory: Eligibility for ENGL 001A, READ 053 and MATH 903

Prerequisite: BIOSC 022; Acceptance into Vocational Nursing Program

Corequisite: VN 055A1, VN 055A3, VN 055A4, VN 060A and AH 011 (or equivalent)

Acceptable for credit: California State University

This course is designed to teach the student how a group of particular body systems are organized and to give them a beginning knowledge on how they function. The student will also learn about each system's disorders, the principal problems of the nursing care and the nurse's role in assisting with the diagnosis and in planning the therapeutic management of the patients with conditions affecting the integumentary, musculoskeletal, neurosensory and genitourinary systems. *This course may be offered by a distance learning format. Grade Only.*

55A3 • COMMUNICATIONS AND BEHAVIOR 3.0 units

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: Acceptance into the VN program, BIOSC 022

Corequisite: VN 055A1, VN 055A2, VN 055A4, VN 060A

Acceptable for credit: California State University

This course is designed to provide the beginning health care practitioner with an introduction to interpersonal relationships and behavior. It focuses on basic communication concepts and skills as an integral component of the interpersonal process. It further explores common behavioral responses that individuals or families may manifest to actual or threatened changes to their level of wellness. Background theory, assessment criteria, management suggestions and examples of interventions are given. *Grade Only.*

55A4 • INTRODUCTION TO NURSING PROCESS 1.0 unit

Total Lecture 18 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: Acceptance into the VN Program, BIOSC 022

Corequisite: VN 055A1, VN 055A2, VN 055A3, VN 060A

Acceptable for credit: California State University

This course is designed to provide the student nurse with the framework to meet individualized needs of the client, family, and community. It focuses on basic beginning assessments, nursing diagnosis, planning, implementation, and evaluation. Nursing process defines the scope of practice and identifies standards of nursing care. Benefits for the client and the student nurse are explored. *Grade Only.*

VOCATIONAL NURSING

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55B1 • MEDICAL-SURGICAL CLINICAL LAB

6.0 units

Total Lab 324 hours

Advisory: Eligibility for ENGL 001A, READ 053, MATH 903

Prerequisite: BIOSC 022 Current CPR card VN 055A1 ; VN 055A2 ; VN 055A3 ; VN 055A4 and VN 060A, AH 011

Corequisite: VN 055B2 , VN 056, VN 060B, Can also use NS 40 and PSYCH 012

Acceptable for credit: California State University

This is an intermediate level experiential course designed to give the student a working knowledge of the principles and skills necessary for providing nursing care in a variety of settings. Clinical experience is correlated with classroom learning and includes emphasis on integrating the critical elements of safety into the care of medical-surgical and maternal-child clients. Emphasis is placed on developing competence in critical thinking skills and performing vocational nursing functions under the direction of a professional nurse. Materials Fee. Pass/No Pass Only.

55B2 • MEDICAL-SURGICAL NURSING THEORY

4.0 units

Total Lecture 72 hours

Advisory: Eligibility for READ 053 and ENGL 001A, MATH 903

Prerequisite: BIOSC 022 Current CPR card VN 055A1 ; VN 055A2 ; VN 055A3 ; VN 055A4 ; VN 060A Student must pass with a grade of 75% or higher; NS 015

Corequisite: NS 015 ; PSYCH 012 ; VN 055B1 ; VN 056 ; VN 060B Students must pass with a grade of 75% or higher.

Acceptable for credit: California State University

This course is designed to teach the vocational nursing student about disorders, principal problems of nursing care, the nurse's role in assisting with the diagnosis, planning, and implementation of the therapeutic management of the patient with mental health disorders, and conditions affecting the respiratory, cardiac, and vascular systems. Grade Only.

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055C1 • MEDICAL-SURGICAL CLINICAL LAB

6.0 units

Total Lecture 18 hours

Advisory: ENGL001A

Prerequisite: VN 055B1, VN 055B2, VN 056, VN 060B, PSYCH 012 and NS 040

Corequisite: VN 055C2, VN 055C3, VN 057 and VN 058

Acceptable for credit: California State University

This is an advanced level experiential course designed to give the student a working knowledge of the principles and skills necessary for providing nursing care in a variety of settings. Clinical experience is correlated with classroom learning and includes an emphasis on integrating the critical elements of nursing into the care of medical-surgical, geriatric and pediatric clients. Emphasis is placed on continued competence in critical thinking skills and in performing vocational nursing functions. The focus is on developing beginning leadership skills and transitioning from a student level to a novice level of practice. Pass/No Pass Only.

055C2 • MEDICAL-SURGICAL NURSING THEORY

4.0 units

Total Lecture 72 hours

Advisory: ENGL001A and Eligibility for READ 53

Prerequisite: VN 055B1, VN 055B2 , VN 056, VN 060B, PSYCH 012 and NS 040

Corequisite: VN 055C1, VN 055C3 and VN 058

Acceptable for credit: California State University

This course is designed to teach the student about particular body systems, how they are organized and how they function. The students also learn about each system's disorders, the principal problems, and the nurse's role in assisting with the diagnosis and planning of the therapeutic management of the patient with gastrointestinal, endocrine, neurological, and hematological disorders. Grade Only.

055C3 • VOCATIONAL NURSING SEMINAR ISSUES AND TRENDS

2.0 units

Total Lecture 36 hours

Advisory: ENGL001A

Prerequisite: VN 055B1, VN 055B2, VN 056, VN 060B, PSYCH 012 and NS 040

Corequisite: VN55C1, VN55C2 and VN058

Acceptable for credit: California State University

This course is designed to provide the student with an opportunity to explore the profession of nursing. It examines nursing's history, legal aspects and professional organizations as well as pertinent issues facing the practice of nursing today. Learning is discussion oriented, offering the student the opportunity to explore the ever growing and changing profession. Student take a mock State Board exam. This course may also be offered via distance learning. Materials Fee. Grade Only

056 • OBSTETRICAL NURSING

3.0 units

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: Acceptance into VN Program, VN 055A1, VN 055A2, VN 055A3, VN 055A4, VN 060A

Corequisite: VN 055B1, VN 055B2, VN 060B, NS 015, PSYCH 012

Acceptable for credit: California State University

This course is designed to educate the vocational nursing student about nursing interventions utilized for patients coping with reproductive health issues, expectant parents and families in preparation for childbirth and parenting, and to discuss patient care issues with respect to the birth to death continuum. Grade Only.

057 • INTRODUCTION TO GERONTOLOGY

2.0 units

Total Lecture 36 hours

Advisory: ENGL001A

Corequisite: VN055C1, VN055C2, VN055C3 and VN058

Acceptable for credit: California State University

This course is designed to give the vocational nursing student an introduction to the care of the gerontological client both in an institutional and community setting. The focus is on viewing the last developmental stage of the adult as a normal progression of life, including the basic hierarchy of human needs. This last developmental stage is explored to prepare the vocational nurse for the adaptations associated with the aging process. Grade Only.

058 • INTRODUCTION TO CHILD HEALTH CARE

2.0 units

Total Lecture 36 hours

Advisory: ENGL001A

Prerequisite: VN 055B1, VN 055B2, VN 056, VN 060B, PSYCH 012 and NS 040

Corequisite: VN55C1, VN55C2, VN55C3

Acceptable for credit: California State University

This course incorporates the promotion of health and wellness along with the principles and concepts of current management and therapy related to the care of acutely ill children. Caregiver responsibilities and function using the nursing process approach is emphasized. Content also addresses present-day child care challenges that necessitate patient/parent teaching, discharge planning for home care and adaptations of nursing care to both hospital and home. Grade Only.

060A • BEGINNING PHARMACOLOGY, PART I

1.0 unit

Total Lecture 18 hours

Advisory: Eligibility for ENGL 001A, READ 053 and MATH 903

Prerequisite: Admission to Vocational Nursing Program, BIOSC 022

Corequisite: VN 055A1, VN 055A2, VN 055A3, VN 055A4

Acceptable for credit: California State University

This is a beginning course in pharmacology that presents the vocational nursing student with the basic principles of pharmacology and dosage calculation. The emphasis is on defining pharmacological agents, the use of reference books, and nursing implications in pharmacological therapy. The course will cover the uses for pharmacological agents, precautions for use, side effects, medication interactions, contraindications, and patient teaching for safe and proper pharmacological use. Grade Only.

060B • BEGINNING PHARMACOLOGY, PART II

1.0 unit

Total Lecture 18 hours

Advisory: Eligibility for ENGL 001A, READ 053 and MATH 903

Prerequisite: Completion of first semester of VN program;

Corequisite: VN 055B1, VN 055B2, VN 056, NS 040, PSYCH 012

Acceptable for credit: California State University

This is a continuation course in pharmacology designed to assist the vocational nursing student in developing the ability to safely administer pharmacological agents. Emphasis is on defining pharmacological classes, their therapeutic and non-therapeutic effects, nursing implications, and aspects of patient teaching for specific medical disorders. Grade Only.

VOCATIONAL NURSING • WELLNESS and HUMAN PERFORMANCE

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060C • PHARMACOLOGY, PART III

1.0 unit

Total Lecture 18 hours

Advisory: Eligibility for ENGL 001A, READ 053 and MATH 903

Prerequisite: Completion of second semester of VN program;

Corequisite: VN 055C1, VN 055C2, VN 055C3, VN 058

Acceptable for credit: California State University

This is a continuation course in pharmacology designed to assist the vocational nursing student in developing the ability to safely administer pharmacological agents. Emphasis is on defining pharmacological classes, their therapeutic and non-therapeutic effects, nursing implications, and aspects of patient teaching for specific medical disorders. Grade Only.

WELLNESS and HUMAN PERFORMANCE (WHP)

DIVISION: Applied Science
DEPARTMENT: Wellness and Human Performance
DEAN: Danny Nguyen
DIVISION CHAIR: Janice Morgan
DEPT CHAIR: Jeff Nelson
PHONE: 408-855-5367
COUNSELING: 408-855-5030

- Adaptive WHP
- Dance
- Fitness
- Lifetime Sports Certification
- Athletic Team Training
- Intercollegiate Athletics
- Theory: Fitness Specialist

The Mission College Wellness and Human Performance program combines a variety of physical education activities, including Fitness, Dance, Individual Sports, Team Sports, Intercollegiate Athletics, and Exercise Science Theory classes.

Student Learning Outcomes (WHP):

Upon successful completion of courses in the Wellness and Human Performance/Athletic Department, students will be able to demonstrate proper technique and body alignment, efficiency of movement, and spatial awareness measured by written, oral and skill tests. These tests will be specific to the activity and require 70% accuracy.

Activity classes include: combatives, sports (athletic/lab), dance, fitness, theory and wellness.

Tests will include the following criteria:

- *Accurately perform skills that are unique to the activity
- *Demonstrate the ability to use equipment and space safely and efficiently
- *Work within teams or groups
- *Communicate effectively
- *Develop short-term and long-term goals specific to the activity
- *Analyze, adjust and employ strategic tactics during competition
- *Exhibit self-discipline, self-motivation, and good sportsmanship including concepts of fair play

Student Learning Outcomes (Athletics):

1. Students will demonstrate an ability to work within teams and exhibit good sportsmanship and concepts of fair play.
 - a. The department will assess students progress through the end of season exit forms. Coaches will complete one for every athlete on their team. Each sport has rules governing sportsmanship and fair play. The game officials enforce the rules and consequences are given. Each exit form will indicate the number of technical fouls, red cards, etc., for every athlete. The results will be discussed with the athlete during an exit interview.
2. Students will develop an individual training program specific to their sport, their strengths and their weaknesses.
 - a. Each individual sport will have a standard training program. The program will be individualized with goals for each athlete, with input from the student, the coach and the athletic trainer. At the end of the season, an exit interview will be conducted with every athlete to determine whether their goals were met. The outcome of the exit interview will be attached to the sportsmanship exit form.
3. Students will develop short term and long term academic goals.
 - a. Every student will develop a Student Educational Contract (SEC) with the athletic counselor to establish a plan for their academic goals. The students will be required to meet with the athletic counselor at least one time per semester.
 - b. The athletic department has created grade checks to monitor the progress of the students academic work. The grade checks will be conducted twice throughout each semester and the student will be referred to the appropriate tutorials as needed. Our hope with this is to catch potential problems early in order to increase the retention of our student-athletes.