

POLITICAL SCIENCE • PSYCHIATRIC TECHNICIAN

BEFORE ENROLLING IN DEGREE APPLICABLE COURSES, IT IS RECOMMENDED THAT YOU COMPLETE ENGL 001A AND READ 053.

007 • INTERNATIONAL FILMS

3.0 units

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Acceptable for credit: University of California, California State University

This course provides a critical look at the world and its problems through some of the finest international films. Films from Asia, Africa, Europe, and the Americas are viewed and analyzed to explore such topics as nationalism, sovereignty, war and peace, ethnic conflict, economics and immigration. This course is cross-listed as Humanities 007 (HUMAN 007). *Pass/No Pass Option.*

010 • INTRODUCTION TO LAW AND THE LEGAL SYSTEM 3.0 units

Total Lecture 54 hours

Acceptable for credit: University of California, California State University

An introduction to law and the American legal system. Focus will be on establishing a basic understanding of the legal system including those institutions, public and private, that enact, interpret, and implement the law. Attention will also be given to the role law plays in society and its interaction with the political, social and economic spheres. Topics to be considered will variously include the nature and sources of law, the judicial system, including courts and procedure, judges and juries, litigants and attorneys, and the penal system. The major branches of law and methods of alternative dispute resolution are also surveyed. *Pass/No Pass Option.*

PSYCHIATRIC TECHNICIAN (PT)

DIVISION: Applied Science
DEPARTMENT: Health Occupations
DEAN: Danny Nguyen
DIVISION CHAIR: Janice Morgan
PHONE: 408-855-5397
INFO: 408-855-5375
COUNSELING: Dr. Carol Beck
PHONE: 408-855-5030

Acceptance criteria, program eligibility and selection process are subject to change. Current information can be located on the Health Occupations website.

All students accepted into the Psychiatric Technician (PT) program must be 18 years of age and provide evidence of the following:

- High school diploma/GED
- Current CPR certification
- Current physical exam that includes disease specific immunity, negative TB status, and current tetanus booster
- Negative urine screening and required fingerprinting or background check

Information regarding these requirements will be provided at the orientation.

Accredited by the California Board of Vocational Nursing and Psychiatric Technician (BVNPT), the three-semester PT program provides student-centered instruction and meets all board requirements. Classroom instruction is concurrent with clinical practice. All courses must be taken in sequence and completed with a grade of 75% or higher to remain in the program. Successful program completion qualifies graduates to take the California State Psychiatric Technician Licensing examination.

Completion of the PT program does not guarantee licensure.

Student Learning Outcomes:

Upon completion of the Psychiatric Technician program, the student will:

1. Demonstrate the use of theoretical concepts and clinical skills during the performance of patient care to prepare for employment as Licensed Psychiatric Technician.
2. Identify deviations from normal anatomy, physiology, and diagnostic findings with diseases and disorders, and safely and effectively demonstrate theoretical concepts and skills basic to the practice of nursing in the delivery of patient care.
3. Apply the nursing process while providing thorough, effective, and safe health care based on individual patient needs (i.e., physical, emotional, cultural/spiritual, and age-related, etc.).
4. Demonstrate therapeutic communications skills needed when caring for patients from a diverse population.
5. Demonstrate accurate dosage calculations and safely administer medications by identifying drug standards, sources, dosages, and therapeutic and non-therapeutic effects.
6. Identify etiology of growth and development across the lifespan and basic genetic principles, and demonstrate understanding of chromosomal mutations, etiologies, prevalence, and methods of detection of developmental disabilities, mental retardation, and child psychiatric disturbances.
7. Safely and effectively, demonstrate theoretical concepts and skills basic to the practice of nursing in the delivery of patient care, including safely and accurately applying the nursing process in the provision of direct nursing care of a client with developmental disabilities and mental illness.
8. Describe the predominant characteristics of normal and abnormal behavior; analyze a plan of care, nursing problem list, nursing goals, appropriate nursing interventions, and evaluation of client outcomes for the client with developmental disabilities, and mental health problems.
9. Compare and contrast group activities utilized in the psychiatric clinical setting and successfully facilitate a client group including formation, implementation and evaluation of the group process.
10. Identify characteristics of professional behavior, leadership, and management, and define the roles and responsibilities of the Licensed PT.
11. Define the major components of the California Psychiatric Technician Law, the PT's scope of practice, and the importance of understanding the effects of current issues and trends on clinical practice.

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12. Successfully complete all requirements for eligibility to apply for the PT licensure examination.

Students will be assessed through examinations, quizzes, case studies, skill demonstration, oral presentation, discussion, and clinical evaluation.

PSYCHIATRIC TECHNICIAN PROGRAM ACCEPTANCE POLICY

Due to requirements mandated by the Board of Vocational Nursing and Psychiatric Technician, acceptance into the Psychiatric Technician program will be dependent on the following:

Psychiatric Technician:

- Attendance at an information session (Dates will be posted in Online)
- Completion of the College Placement examination (Assesses for eligibility in English 1A, Math 903 and Reading proficiency).
- Submission of an application for the PT program by the specified deadline (Applications are available online at <http://www.missioncollege.org/depts/health/index.html/nursing>)
- Satisfactory completion of the prerequisite: BIOSC 022
- It is recommended that students have completed AH 003, NS 015, PSYCH 012, PT 011 or PSYCH 001 prior to applying for this program.
- BIOSC 022, NS 015, PSYCH 012, PT 011 or PSYCH 001 must be completed within 5 years of applying to the program.
- Students must pass all PT courses with a grade of 75% or higher.

For any questions regarding non-acceptance into a program, please contact a counselor for an educational plan.

Psychiatric Technician - A.S. Degree and Certificate of Achievement

The Licensed Vocational Nurse is a member of the health care team and works under the direction of a Registered Nurse or physician. The Vocational Nurse Program offers both a Certificate and an A.S. Degree. Students desiring an A.S. Degree must complete the college graduation requirements for an Associate of Science Degree in Vocational Nursing. Certificate requirements consist of three semesters of study. Classroom theory consists of 9 to 11 hours per week. Approximately 18 hours are spent in clinical experiences (VN 055A1, VN 055B1, VN 055C1). Students must maintain a grade of C or better in all classes in the program. Upon completion of the program, students are eligible to apply for the national licensing examination. Enrollment is limited. Contact the Applied Science Office for test dates and brochures. Students should make an appointment with a counselor for additional information and clarification.

Core Curriculum Courses (Required)	Units
AH 011Cardiopulmonary Resuscitation	0.5
BIOSC 022Anatomy & Physiology for Allied Health Workers	4.0
VN 050Introduction to Vocational Nursing	0.5
Semester I	Units
VN 055A1Medical-Surgical Clinical Lab	6.0
VN 055A2Medical-Surgical Nursing Theory	4.0
VN 055A3Communications and Behavior	3.0
VN 055A4Introduction to Nursing Process	1.0
VN 060ABeginning Pharmacology - Part I	1.0
Semester II	Units
NS 015Human Nutrition	3.0
.....or	
PSYCH 012Human Growth and Development	3.0
VN 055B1Medical-Surgical Clinical Lab	6.0
VN 055B2Medical-Surgical Nursing Theory	4.0
VN 056Obstetrical Nursing	3.0
VN 060BBeginning Pharmacology - Part II	1.0
Semester III	Units
VN 055C1Medical-Surgical Clinical Lab	6.0
VN 055C2Medical-Surgical Nursing Theory	4.0
VN 055C3Vocational Nursing Seminar Issues and Trends ..	2.0
VN 057Introduction to Gerontology	2.0
VN 058Introduction to Child Health Care	2.0
VN 060CPharmacology - Part III	1.0
Total Program Cert. Requirements	54.0

PSYCHIATRIC TECHNICIAN (PT)

011 • INTRO. AND APPL. OF GENERAL PSYCHOLOGY-PT 3.0 units

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Acceptable for credit: California State University

This course introduces the psychiatric technician and other human service workers to the field of general psychology with emphasis on theory and application in a variety of psychiatric clinical settings. Emphasis is on principles that will be helpful to the psychiatric technician in understanding the behavior of mentally ill patients. Topics include perception, intelligence, learning and thinking, motivation and emotion, personality, abnormal patterns of behavior, and treatment practice. This provides a basic theoretical background from which the other courses in the program can be interrelated. *Grade Only.*

013A • DEVELOPMENTAL DISABILITIES: ETIOLOGIES & CLASSIFICATIONS-PT 3.0 units

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: PT 068, PT 069, and PT 060A

Acceptable for credit: California State University

A comprehensive course covering the basic genetic principles as a foundation for understanding chromosomal mutations, etiologies, prevalence, symptom picture, methods of detection of a broad spectrum of developmental disabilities, mental retardation and child psychiatric disturbances. *Grade Only.*

013B • CARE OF THE DEVELOPMENTALLY DISABLED CLIENT-PT 3.0 units

Total Lecture 54 hours

Prerequisite: PT 067, PT 068 PT 069 and NS 015

Corequisite: PT 013A, PT 019A, PT 060B and PSYCH 012

Advisory: Eligibility for ENGL 001A and READ 053

Acceptable for credit: California State University

This course is designed to provide the student with an understanding of the principles of care for the developmentally disabled client. Characteristics of the developmentally disabled individual, including functional limitations such as deafness, blindness, and cerebral palsy, will be discussed. The student will learn approaches which may be applied to increase individual levels of function; observation, management, and documentation of behavioral problems; and interpersonal skills and therapeutic strategies for communication. The emphasis throughout will be on the practical application of theoretical principles with the developmentally disabled population. *Grade Only.*

017A • INTRODUCTION TO ABNORMAL PSYCHOLOGY 3.0 units

Total Lecture 54 hours

Prerequisite: PSYCH 012, PT 013A, PT 013B, PT 019A, PT 060B

Corequisite: PSYCH 001, PT 017B, PT 017C, PT 018, PT 019B, PT 060C

Acceptable for credit: California State University

This course focuses on understanding abnormal or maladaptive behavior, including common misconceptions, accepted definitions, and DSM IV classifications. The course also examines contemporary biological, psychosocial, and sociocultural viewpoints of abnormal behavior. A brief overview of assessment and current therapies is included. *Grade Only.*

017B • CARE OF THE MENTALLY DISABLED CLIENT 2.0 units

Total Lecture 36 hours

Prerequisite: PSYCH 012, PT 013A, PT 013B, PT 019A, PT 060B

Corequisite: PSYCH001, PT017A, PT017C, PT018, PT019B, PT060C

Acceptable for credit: California State University

This course focuses on skills which constitute critical thinking as utilized in clinical practice. Among these skills are objective and subjective observations, data collection, assessment of problems and strengths, formulation of interventions which allow for cultural differences, establishment of goals, evaluation, and the use of oral and written communication needed to put critical thinking into action. These skills contribute to the establishment of group process theory. Students identify problems in behavior and develop appropriate plans of care for mentally disabled persons in acute, long term, and community mental health settings, utilizing selected conceptual frameworks. *Grade Only.*

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017C • GROUP PROCESS TECHNIQUES FOR USE WITH MENTAL HEALTH CLIENTS 1.0 unit

Total Lecture 18 hours
Prerequisite: PT 013A, PT 013B, PT 019A, PT 060B
Corequisite: PSYCH 001, PT 017A, PT 017B, PT 019B, PT 060C and PT 018.

Acceptable for credit: California State University

This course provides instruction and an experience in which students can be a group member, lead a group as co-facilitator, and interpret the theoretical issues of a group. *Pass/No Pass Only.*

018 • PREPARATION FOR PARAPROFESSIONAL PRACTICE 1.0 unit

Total Lecture 18 hours
Prerequisite: PSYCH 012 Admission to Psych Tech Program & satisfactory completion of all courses in first and second semesters PT 013A, PT 013B, PT 019A, PT 060B
Corequisite: PSYCH 001, PT 017A, PT 017B, PT 017C, PT 019B and PT 060C
Acceptable for credit: California State University

The focus of this course is to prepare the student to transition to entry level professional practice. Course content includes a history of health care; legal, ethical and socio-cultural aspects of client care; the effect of current issues and trends on clinical practice; and the development of leadership roles. *Grade Only.*

019A • CLINICAL EXPERIENCE 7.0 units

Total Lab 377.6 hours
Advisory: MATH 903, Eligibility for ENGL 001A and READ 053
Prerequisite: NS 015, PT 060A, PT 068 and PT 069
Corequisite: PT 013A, PT 013B, PT 060B and PSYCH 012
Acceptable for credit: California State University

This course provides the psychiatric technician student with supervised clinical experiences with clients with developmental disabilities in a variety of community agencies and residential institutional settings. Emphasis is on the use of the nursing process in efforts toward normalization. Approaches include a behavioral learning program, and individual and group activities with children who are healthy and with children who have developmental disabilities. *Pass/No Pass Only.*

019B • CLINICAL EXPERIENCE WITH MENTAL HEALTH CLIENTS 7.0 units

Total Lab 377.6 hours
Prerequisite: PT 013A, PT 013B, PT 060B, PT 019A.
Corequisite: PSYCH 001, PT 017A, PT 017B, PT 017C, PT 018 and PT 060C
Acceptable for credit: California State University

In this course, students observe and assess clients, formulate a psychiatric nursing problem list; plan and set nursing goals; implement nursing care interventions; evaluate plan of care for effectiveness, and renew the plan of care as needed for the care of the mentally ill person in the acute inpatient, locked long term and community settings. Students focus on developing appropriate therapeutic interventions, maintaining daily journals of their clinical experience, giving direct care to the mentally ill patient/resident/client, planning and leading a variety of group activities, reviewing and administering medications, participating in a teamwork effort as a clinical group, and facilitating a self-evaluation. *Pass/No Pass Only.*

060A • BEGINNING PHARMACOLOGY - PART I 1.0 unit

Total Lecture 18 hours
Advisory: Eligibility for ENGL 001A and READ 053
Prerequisite: Admission to the Psychiatric Technician program, Eligibility for ENGL 001A and MATH 903

This is a beginning course in pharmacology that presents the psychiatric technician student with the basic principles of pharmacology and dosage calculation. The emphasis is on defining pharmacological agents, the use of reference books, and the nursing implications in pharmacological therapy. The course will cover the uses of pharmacological agents, precautions for use, side effects, medication interactions, contraindications, and patient teaching for safe and proper pharmacological agent use. *Grade Only.*

060B • BEGINNING PHARMACOLOGY - PART II 1.0 unit

Total Lecture 18 hours
Advisory: Eligibility for ENGL 001A and READ 053, MATH 903
Prerequisite: Completion of first semester of Psychiatric Technician program
Corequisite: PT 013A, PT 013B, and PSYCH 012

This is a continuation course in pharmacology designed to assist the psychiatric technician student in developing the ability to safely administer pharmacological agents. Emphasis is on pharmacological classes, their therapeutic and non-therapeutic effects, nursing implications, and aspects of patient teaching for specific medical disorders. *Grade Only.*

060C • BEGINNING PHARMACOLOGY - PART III 1.0 unit

Total Lecture 19 hours
Advisory: MATH 903, Eligibility for ENGL 001A and READ 053
Prerequisite: PT 013A, PT 013B, PT 019A and PT 060B
Corequisite: PT 017A, PT 017B, PT 017C, PT 018, PT 019B and PSYCH*001

This is a continuation course in pharmacology designed to assist the psychiatric technician student in developing the ability to safely administer pharmacological agents. Emphasis is on defining pharmacological classes, their therapeutic and non-therapeutic effects, nursing implications and aspects of patient teaching for specific medical disorders. *Grade Only.*

067 • INTRO TO THE PSYCHIATRIC TECHNICIAN PROGRAM 1.0 unit

Total Lecture 18 hours
Advisory: MATH 903
Prerequisites: Acceptance into the Psychiatric Technician Program

This course helps acquaint incoming psychiatric technician students with Mission College and its services and the Psychiatric Technician Program. It covers college orientation and information regarding the Psychiatric Technician Program policies and procedures, career opportunities, stress management, study skills and self awareness exercises. *Grade Only.*

068 • MEDICAL SURGICAL NURSING 7.0 units

Total Lecture 126.4 hours
Advisory: MATH 903, Eligibility for ENGL 001A and READ 053
Prerequisite: BIOSC 022; Acceptance to Psychiatric Technician program
Corequisite: PT 069, PT 060A, NS 015
Acceptable for credit: California State University

A basic course which focuses on the care of the medically-surgically ill patient. The course integrates basic principles of nursing care. It is designed for, but not limited to, psychiatric technician students. *Pass/No Pass Option.*

069 • MEDICAL SURGICAL NURSING CLINICAL 5.0 units

Total Lab 289 hours
Advisory: MATH 903, Eligibility for ENGL 001A and READ 053
Prerequisite: BIOSC 022; Acceptance to the Psychiatric Technician Program
Corequisite: AH 011, NS 015, PT 068 and PT 060A
Acceptable for credit: California State University

This is a foundation course in which learning experiences are designed to give the student a working knowledge of the principles and skills necessary to nursing in the hospital and in long term care facilities. Classroom instruction is followed by demonstrations in live situations. Students spend approximately 18 hours a week in the hospital perfecting skills through actual nursing care of clients. Clinical experience is correlated with classroom learning. Emphasis is placed on competence in performing basic nursing procedures and skills, including observing, reporting and recording. *Materials Fee. Grade Only.*