

PSYCHOLOGY

BEFORE ENROLLING IN DEGREE APPLICABLE COURSES, IT IS RECOMMENDED THAT YOU COMPLETE ENGL 001A AND READ 053.

PSYCHOLOGY (PSYCH)

DIVISION: Liberal Studies
 DEPARTMENT: Psychology
 DEAN: Tim Karas
 DIVISION CHAIR: Keith Johnson
 DEPT CHAIR: Jeff Cormier
 PHONE: 408-855-5483
 COUNSELING: 408-855-5030
 WEBSITE: <http://salsa.missioncollege.org/cormier>

Psychology concerns itself with the study of human and animal behavior. It involves both pure science and the practical application of science to matters of everyday life. Those pursuing psychology as a field of study will find many career options centering on helping others understand, predict and control their own behavior and the behavior of others. Training in psychology also provides a valuable foundation for many professions that involve interpersonal interaction and communication.

Student Learning Outcomes:

Students completing core courses or a program in Psychology at Mission College will come to a critical understanding of persons, the processes by which they develop, and the effects of cultural, social, and environmental factors on behavior.

Upon successfully completion of course work including core courses, students will:

- Design and demonstrate an exercise showing how psychosocial factors influence behavior
- Explain the effects of genetic and environmental factors on personality and behavior
- Describe how an appreciation of cultural relativity and human diversity might enrich the understanding of psychology
- Identify research models and relate the findings of research to life situations
- Develop critical thinking exemplified in their uses of psychological techniques in analyzing, comparing and contrasting human behavior.

Students will demonstrate their progress and mastery through written tests, quizzes, projects and course embedded tests and activities.

Career Options:

- Administration
- Childcare Worker
- Human Services Specialist
- Marketing Specialist
- Probation Officer
- Psychologist
- Public Survey
- Therapist
- Ward Attendant
- Behavior Analyst
- College Professor
- Social Services Counselor
- Personnel Analyst
- Psychiatric Tech/Aide
- Psychometrician
- Research
- Training/Development Specialist
- Youth Supervisor

Classes beyond the Associate Degree level may be required to fulfill some career options or for preparation for transfer to a university program.

Highlights:

- An exemplary instructional faculty with several years of experience.
- A wide range of course offerings including research methods, psychology of personal growth and psychology of addiction and substance abuse.
- Psychology courses complement degrees and/or certifications in many other fields: communications media, early childhood education, human services, interdisciplinary studies, marketing, medical assisting and teacher assisting.
- Transferable courses to the CSU and or UC systems.
- Convenient class times offered, with day, evening and fully online sections.

Psychology - Associate in Arts for Transfer

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Required Core Curriculum:	Units
MATH 010Elementary Statistics	4.0
PSYCH 001General Psychology	3.0
PSYCH 015Introduction to Research Methods	3.0
List A - Select one (1) course from the following:	Units
BIOSC 011Human Biology	4.0
PSYCH 007Biological Psychology	3.0
List B - Select one (1) course from the following:	Units
Any List A course not used above	
PSYCH 010 Social Psychology	3.0
PSYCH 012 Human Growth and Development	3.0
PSYCH 048 Introduction to Child and Adolescent Psychology	3.0
List C - Select one (1) course from the following:	Units
Any course not selected above	3.0
PSYCH 025Introduction to Abnormal Psychology	3.0
PSYCH 033The Psychology of Personal Growth	3.0
PSYCH 030Psychology of Addiction and Substance Abuse ...	3.0
PSYCH 045Human Sexuality	3.0
PSYCH 055Psychology of Death and Dying	3.0

UNITS REQUIRED FOR THE MAJOR: 19-20

Completion of CSU GE-B or IGETC Pattern

Electives as needed to reach 60 units

Total Units 60.0

PSYCHOLOGY (PSYCH)

001 • GENERAL PSYCHOLOGY **3.0 units**

Total Lecture 54 hours

Acceptable for credit: University of California, California State University

This course introduces major concepts, problems and methods that psychologists use to investigate and understand the human mind. Major topics of study include the history and origins of psychology, introductory statistical concepts, motivation, emotion, biological determinants of behavior, environmental factors in behavior, psychological tests and measurements, and learning and personality theory. *This course may also be offered by via distance learning. Pass/No Pass Option.*

002A • EXPERIMENTAL PSYCHOLOGY **4.0 units**

Total Lecture 54 hours, Total Lab 54 hours

Advisory: PSYCH 007, SOCS 022 and MATH 010

Prerequisite: PSYCH 001

Acceptable for credit: University of California, California State University

This course is a continuation of Psychology 001, with an emphasis on experimental psychology. It introduces the student to the theory and application of the scientific method in the area of physiology and behavior, with particular emphasis on sensation, perception, motivation, memory, creativity, intelligence, personality, tests, and measurements. Students will be required to conduct and participate in experimental projects, collect and analyze data, and present results. Recommended for psychology majors and transfer students. *Pass/No Pass Option.*

007 • BIOLOGICAL PSYCHOLOGY **3.0 units**

Total Lecture 54 hours

Advisory: Eligibility for ENGL 001A and READ 053

Prerequisite: PSYCH 001

Acceptable for credit: University of California, California State University

This course is an introduction to the physiological substrates of behavior. Among the areas covered are neurophysiology, the functional nervous system, senses, emotion, motivation and learning. The course has value for behavioral science, paramedical, and pre-medical majors. *This course may also be offered via distance learning. Pass/No Pass Option*

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010 • SOCIAL PSYCHOLOGY 3.0 units

Total Lecture 54 hours
 Acceptable for credit: University of California, California State University
 This course studies psychological and sociological influences on an individual while functioning in social contexts, including the development of self-image, patterns of social behavior, attraction/repulsion, conformity/rebellion, formation of attitudes, and problems during social change. *This course may also be offered via distance learning. Pass/No Pass Option.*

012 • HUMAN GROWTH AND DEVELOPMENT 3.0 units

Total Lecture 54 hours
 Advisory: PSYCH 001
 Acceptable for credit: University of California, California State University
 This course blends psychological, physiological, cultural and other environmental forces that affect human growth and development. Additionally, theoretical models and research into the development of cognitive, perceptual, physical, personality and emotional abilities are presented. *This course may also be offered by via distance learning. Grade Only.*

015 • INTRODUCTION TO RESEARCH METHODS 3.0 units

Total Lecture 36 hours, Total Lab 54 hours
 Advisory: MATH 010
 Prerequisite: PSYCH 001
 Acceptable for credit: University of California, California State University
 This research methods course focuses on quantitative research methods and statistical analyses that utilize statistical software applications. Topics include experimental, correlational, and observational research. Lab and field studies are conducted. *Pass/No Pass Option.*

020 • THEORIES OF PERSONALITY 3.0 units

Total Lecture 54 hours
 Prerequisite: PSYCH 001
 Acceptable for credit: University of California, California State University
 This review of human personality studies major theoretical theories by emphasizing psychoanalytic, behavioral, humanistic, cognitive and social models. Common psychological testing methods are introduced to students. The function of personality dynamics with respect to both normal and abnormal behavior is also examined. *This course may also be offered by via distance learning. Pass/No Pass Option.*

025 • INTRODUCTION TO ABNORMAL PSYCHOLOGY 3.0 units

Total Lecture 54 hours
 Prerequisite: PSYCH 001
 Acceptable for credit: University of California, California State University
 This course focuses upon various mental disorders, categories and treatments. Disorders and treatments studied include depressive disorders, anxiety disorders, substance abuse disorders, schizophrenia, sexual disorders, developmental disorders and personality disorders. *This course may also be offered by via distance learning. Pass/No Pass Option.*

030 • PSYCHOLOGY OF ADDICTION AND SUBSTANCE ABUSE 3.0 units

Total Lecture 54 hours
 Advisory: Eligibility for ENGL 001A and READ 053
 Acceptable for credit: California State University
 This course is an introduction to the physiological and psychological processes of addiction and how they relate to the abuse of legal and illegal substances. *This course may also be offered via distance learning. Pass/No Pass Option.*

033 • THE PSYCHOLOGY OF PERSONAL GROWTH 3.0 units

Total Lecture 54 hours
 Acceptable for credit: California State University
 This course is designed to facilitate insight into the self and to assist persons in exploring and maximizing personal potential. Through personal growth exercises, lectures and small group interactions, it focuses on various theories of personality and approaches to mental health in an effort to help participants develop personal goals, interpersonal communication skills, and to evolve a unified approach to the psychology of living. *Pass/No Pass Option.*

045 • HUMAN SEXUALITY 3.0 units

Total Lecture 54 hours
 Advisory: Eligibility for ENGL 001A and READ 053
 Acceptable for credit: University of California, California State University
 This course is an up-to-date and comprehensive introduction to the topic of human sexuality, including information and perspectives from sociology, health science, psychology, and anthropology. Topics include sexual anatomy and physiology, sexual expression, sexual orientation, sexually transmitted diseases, safe sexual practices, and sexual problems. The emphasis of this course is the history, attitudes, medical aspects, and current practices of sexuality in the United States. *This course may also be offered via distance learning. Pass/No Pass Option.*

048 • INTRODUCTION TO CHILD AND ADOLESCENT PSYCHOLOGY 3.0 units

Total Lecture 54 hours
 Advisory: Eligibility for ENGL 001A and READ 053, PSYCH 001
 Acceptable for credit: University of California, California State University
 This course examines the psychological development of children from conception to adolescence. Major theories addressing physical, cognitive and socio-emotional contexts are examined. *This course may also be offered via distance learning. Pass/No Pass Option.*

055 • PSYCHOLOGY OF DEATH AND DYING 3.0 units

Total Lecture 54 hours
 Acceptable for credit: California State University
 This course is a study of the ways we comprehend and deal with death. Emphasis will be on historical and present attitudes toward death in various cultures, handling fear and bereavement, the grief process, and understanding the special problems of persons who are terminally ill and/or suicidal. A study of changes in understanding and attitude over the life span, from childhood to the elder-years will be included. *This course may also be offered via distance learning. Pass/No Pass Option.*

060 • THEORIES AND TECHNIQUES OF COUNSELING 3.0 units

Total Lecture 54 hours
 Prerequisite: PSYCH 025
 Acceptable for credit: California State University
 This course analyzes counseling and interviewing techniques based on contemporary theory and research. Theories studied include: person-centered, psychodynamic, behavioral, cognitive, and eclectic approaches. Interviewing and counseling skills can be used with these various approaches. *Pass/No Pass Option.*